



### *Message from the President. . .*

Happy fall everyone! We are off and running for a new year. We kicked off the September meeting by getting together at 7 and starting the meeting right away. Unfortunately our speaker had cancelled but luckily Pat Joyce, our Regional Director, was attending our meeting. She graciously accepted the challenge to speak on some topics from the national perspective. She also presented a recognition award to our club for efforts in organizing the International Women's Day event last year. This award came about largely because Nonna wrote an article for the National Newsletter about the event. Thank you Nonna and everyone involved in the event. She has been working with the Scarborough club already this year to select a venue.

We are off to a good start. There are members signed up for the fall Standing Committee meetings and the Fall Gathering in November. It is really nice to see the enthusiasm for the new year. We have had another road bump this month as Viva is not available due to quarantine. Our speaker was not able to find a suitable alternative and has asked to reschedule for the spring. I was looking forward to some relaxation so hopefully we can make those arrangements.

On the up side we have decided to do what we do best...eat! Carolyn has booked us a secluded area at Fionn MacCool's for what I think should be called a dinner meeting. We are still meeting at 7pm so see you there!

Cathy

## Next General Meeting

**Wednesday,  
October 7, 2015**

**"Business Meeting  
and Dinner/Social  
Evening"**

**Speaker:**

**(Speaker Cancelled - Viva  
Under Quarantine)**

**Since Viva is unavailable,  
this month's meeting will  
be held at Fionn  
MacCool's, Ajax**

**Location:**

**36 Kingston Rd E, Ajax  
(east of Harwood, by the  
Sportcheck)**



**Meeting Time: 7:00 p.m.**

**Invite a friend to this  
meeting & introduce them  
to the fun and friendship  
of CFUW!**

cfuw  fcfdu



## Minutes of General Meeting Wednesday, September 9, 2015

Cathy called the meeting to order and congratulated members on arriving for the new starting time, 7:00. Cathy welcomed Pat Joyce, our Regional Director, to our meeting. The executive felt that starting the meeting at 7:00 will give the members more time to socialize after our speaker. Cathy announced that our speaker, Rev Maggie McCloud, Truth and Reconciliation Commission, cancelled for tonight. We will invite her back to another meeting. Cathy and Jane reminded the members that the dues for this year are \$110 and Jane is happy to accept cheques.

Jennifer lead the group in a “2 truths and a lie” activity about what we did for the summer. Cathy presented the list of the executive for 2015-2016:

President - Cathy  
Vice-President - VACANT  
Treasurer – Jane  
Program – Caroline, Marcy and Jennifer  
Secretary – Dale with help in October, January, February and March  
Scholarship - Dorothy  
Publicity – Janet  
Newsletter and Website – Sandy  
Membership - Lori  
Social – Louise S  
Past President - Nonna  
Fundraising Convenor – VACANT  
Interest Group Convenors - TBA

- **Treasurer report** - Cathy and Jane

Cathy passed around the budget for this year. There is no delegate’s fee for the AGM in June since Cathy was unable to attend. We have not received the invoice from V!VA for last year. Cathy will send an email request to V!VA.

- **Membership – Lori**

There are 12 paid members. The address and email list was passed around and members made corrections.

- **Scholarships – Dorothy**

Jennifer will present the scholarship at Ajax HS. Dorothy will ask that this scholarship be recorded as in memory of Karen Empringham.

Dorothy has received \$1295 in donations in memory of Diane Leahy and Karen Empringham. The Curling Club has said that their members may also donate in Diane’s memory.

- **Publicity – Janet**

Janet passed around an information sheet that she created to help reach new members. Members made suggestions for improvements. Janet is working with Sandy on the website page and has posted information on our Facebook page about our meetings. We now have a Twitter feed. Pat Joyce mentioned that recruitment brochures and CFUW branding for letter heading are available from the national office. We can get a customized CFUW roll up sign for \$80 through National office. Janet will investigate.

- **Program – Caroline, Marcy and Jennifer**

Since amendments to resolutions must be submitted by the end of March, the Resolution meeting has been moved to the beginning of March and we will request that Rev Maggie McCloud come to speak about the Truth and Reconciliation Commission at our April meeting.

As thank you gifts for our speakers, Caroline has purchased dolls that were made by young girls in Thailand. Jennifer will purchase a mixture of \$10 gift cards to include with the dolls.

Marcy will bring news items about provincial, national and/or international women’s issues to each meeting.

- **Fundraising**

Heather volunteered to contact Supperworks about another evening for our members.

We discussed hosting another euchre event at V!VA. We considered November.

We talked about organizing a Group Painting event, offered at some restaurants or storefront.

Members are asked to bring used books, CDs and DVDs to the monthly meetings. Members will pay for books. We need someone to take responsibility for this fundraiser.

- **News – Marcy**

Marcy will attend the CFUW: Ontario Standing Committee meeting on Saturday September 26. The National office, CFUW has sent a letter to the Prime Minister to request that the government act on the report by the Truth and Reconciliation Commission.

*(Minutes cont’d on p.g. 3)*

(Minutes cont'd from p.g. 2)

CFUW has standing at the UN. 20 women went last year as part of the Education section of UNESO.

**Social – Louise**

Louise passed around the sign-up sheet for treats: one sweet, one savoury, for the meetings this year. Tonight's treats were provided by Jane, Louise and Marcy.

- **Interest Groups**

The **Book Group** will meet at Erica's home on Thursday, September 24 at 7:30 to discuss *All the Light We Cannot See* by Anthony Doerr. This meeting has been moved from Wednesday as published on the book list.

**Notes for next meeting:** Andrea Szabo will be leading members in a "mindful movement" session after our business meeting next month and asked that those attending wear loose clothing and bring socks and a sweater. Andrea will supply bolsters and blankets. Attendees should bring a yoga mat or two mats and two large towels. Andrea will need to know the number participating one week ahead, Sept 30.

- **Pat Joyce, Regional Director**

Pat presented the Advocacy Award, Honourable Mention, to Cathy for our club's work with the Scarborough Club for sponsoring the International Day lunch event last March, focused on Violence Prevention, and showed us the write-up about the same event in Life Long Learning section in the annual report 2015 from the National office.

The Fall Gathering will take place on Nov 7 at York Minster Baptist Church, 1585 Yonge Street, Toronto from 9:00 to 12:00. Cost: \$20 per person. For this year, the format is changed to round chairs and advocacy chairs. Feedback has indicated that members want to talk to each other.



## Dates and Data

### CFUW Websites:

Main website: <http://www.cfuw.org>

Ontario Council Website: <http://www.cfuwontcouncil.ca/>

### CFUW on Facebook

CFUW has a Facebook group! If you are a Facebook user you can join the group by searching for Canadian Federation of University Women, or visit <http://www.facebook.com/group.php?gid=2232370205>

### Ajax-Pickering on Facebook:

Our club now has its own Facebook page. You do not have to have a Facebook account to view this page. Simply Google Ajax-Pickering CFUW Facebook page or click on the following link: <https://www.facebook.com/CFUWAjaxPickering?ref=stream>

### Ajax-Pickering on Twitter: Use @CFUWajax

The Ontario Council newsletter, *Dates and Data*, is available on-line on the Ontario Council website.

*The Communicator* newsletter is available on-line on the main website.

## Upcoming CFUW Events

### Oshawa Club Let's Do Lunch

**Date:** Friday, October 30<sup>th</sup>

**Time:** 1 pm

**Venue:** Café Marca on Main

**Location:** 110 Dundas St W, Whitby

**Menu:** <http://www.marcatrattoria.ca/marcawhitby/menu.html>

Please RSVP to Pat D. [patjdavies@rogers.com](mailto:patjdavies@rogers.com)



CFUW Toronto Caucus presents



# The December 6<sup>th</sup> Memorial Luncheon

Guest Speaker:

**Kim Stanton**

Topic:

***Addressing Violence Against Indigenous Women:  
Truth, Reconciliation & a National Inquiry***

Dr. Stanton, who holds an LLB degree from the University of British Columbia and Masters and Doctor of Juridical Science degrees from the University of Toronto. She has dedicated her adult life to volunteer and professional work in human rights and social justice, including with the United Nations in the Gaza Strip, with the African Women Lawyers Association to address sexual harrassment in Ghana and providing support to a legal team on the Bosnia-Hercegovina genocide case before the International Court of Justice. She has served as an official observer of a truth commission in West Africa, and has published and lectured with respect to her academic work on truth commissions and public inquiries in Canada. She is the Legal Director of LEAF.

***Friday, December 4<sup>th</sup>, 2015***  
***The Faculty Club of the University of Toronto***  
***41 Willcocks Street***

Cash Bar from 11:30 a.m.

Tickets: \$60

Luncheon at 12:15 p.m.

Contact: [annmce@sympatico.ca](mailto:annmce@sympatico.ca)

## CFUW Ajax-Pickering Receives an Award!



CFUW Ajax-Pickering received an Advocacy, Honourable Mention Award from the Ontario Council for working with CFUW Scarborough to celebrate International Women's Day with Anuradha Dugal, Director of Violence Prevention Programs, Canadian Women's Foundation. Her presentation explored root causes of violence against women in our society and around the world. As well she spoke of the work that must be done to promote women's equality at work, in politics and in families.



## CFUW Launches Mentorship Program for Women in STEM

CFUW has partnered with the University of Waterloo's Women in Engineering Committee, Ontario Network for Women in Engineering (ONWIE) and the Laurier Centre for Women in

Science (WinS) to deliver a national Mentorship Program. With our partners, CFUW in its work to promote women's leadership and economic empowerment will be able to provide mentors for women across the country in the STEM fields.

Disproportionately, women have personalized systemic barriers such as gender biases in society, lack of quality affordable childcare, and devaluation of the role of women in the STEM fields. In addition to those barriers, women internalize shame for not being able to systematically crack the entry code into predominantly male fields.

CFUW's commitment to mentorship in the STEM fields is to encourage women to pursue careers in these areas. However, a secondary role of purposeful mentorship is to gather data to inform federal and provincial policymakers on the critical role that science, technology, engineering, and mathematics education plays in the career goals of women. STEM education for women and girls must be elevated to a national priority. Mentorship ensures vigilance, commitment and partnering to maximize opportunities for women.

CFUW will connect mentor and mentee in similar fields of interest and facilitate the first contact. In dialogue, mentor/mentee teams will mutually agree to a time commitment and determine areas of focus. Further, the level of engagement in the process is self-directed, yet responsive to the needs of the mentee. We recommend teams use technology such as Skype, to enable the connection.

At the end of one year CFUW will ask all mentors/mentees to respond to a survey which will provide data for CFUW on the effectiveness of the program.

To participate as a mentee please contact Robin Jackson, Executive Director, 613-234-8252, ext. 102, cfuwed@rogers.com at the national office.



## How much do you Know About our Scholarship Program?

### HISTORY OF CFUW AJAX-PICKERING SCHOLARSHIP (2015)

1988 – Our first scholarship of \$50.00 was awarded to one student. It was decided by the membership to go in alphabetical order, starting with Ajax High School.

1989 – Increased number of scholarships to four – one \$50.00 scholarship for each of the 4 high schools – Ajax High School, Denis O’Connor Catholic High School, Dunbarton High School and Pickering High School.

1990 – Amount increased to \$100.00 each.  
- October 1990 – The Constitution became effective – Chairperson Karen Empringham and Vice Chairperson Susan Hale developed it. “The object of the Organization shall be to administer scholarship monies; these monies are to be used to advance the post-secondary education of selected Ajax-Pickering residents and/or students”. Qualified for tax-exempt status, as a Registered Charity and a charitable organization, requiring Income Tax to be submitted yearly; given a Registered Number which was converted in 1997 to a “Business Number” (BN).

1991 – St. Mary Catholic High School added.  
- Added – “one year free membership at our club upon completion of their university degree”.

1993 – Pine Ridge High School added

1994 – Amount increased to \$150.00 each

1997 - Amount increased to \$250.00 each

1998 – Special 10<sup>th</sup> Anniversary Scholarship of \$1000.00 awarded to one student. Criteria and selection completed by a committee of club members.

- Exeter High School added

2002 – Last year for Exeter High School, school closed

2003 – Awarded 2 scholarships/school due to the double cohort school year

2004 – Notre Dame Catholic Secondary School and J.Clarke Richardson Collegiate added, total 8 high schools

2008 – Special 20<sup>th</sup> Anniversary Scholarship of \$2000.00 awarded

2010 – Amount increased to \$300.00 each

2013 – Amount decreased to \$200.00 each

Funding over the years has come from various sources: Scientists in Schools ( was our major funding for a number of years), book sales, Regal Catalogue sales, Cowboy Chuck picture sales, Mary Kay cosmetics sales, Discovery Toys, stained glass sales, raffle tickets for Miss Saigon, members’ donations, garage and plant sales, euchre fundraising, Supperworks, Silpada Jewellery sales, Organic Coffee and Tea sales, Herongate Theatre, International Women’s Day Luncheon, and most recently donations “in memory” for 2 of our members (Karen Empringham and Diane Leahy) who both passed away spring 2015.

Karen was President of our Club for 2 different terms and was the member who was instrumental in starting the Scholarship Fund. Karen was very active in our club for a number of years, often presenting at least 1 scholarship yearly, and continued to be a member even when she moved to Prince Edward County in 2010, leaving the club in 2013.

Diane was also a very active member is our club for a number of years, very active in all the fundraising events for the Scholarship fund. She took pride in presenting our scholarship at Notre Dame each year.

### CRITERIA FOR SELECTION OF SCHOLARSHIP APPLICANTS:

1. A female student having attained an average of 80% or over.
2. A student who is registered in an undergraduate degree program at a Canadian university or community college.

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3. A student who has contributed to at least one community or school activity.
4. A student who has not received more than 2 other major awards (over \$100.00).
5. A student who is either a Canadian citizen or has held landed immigrant status for at least one year.
6. A student who the selection committee feel is most deserving of this award.

## **Giving Back to the Community...**

As we approach a time of thanksgiving, please remember to support those in need. Donations can be given at any time of the year, not just at Thanksgiving. Please consider supporting this worthy cause.



### **ST. PAUL'S ON THE HILL COMMUNITY FOOD BANK**

1535 Pickering Parkway -Unit 21011  
905-839-9537  
[foodbank@stpaulsonthehill.com](mailto:foodbank@stpaulsonthehill.com)

**THANKSGIVING  
FOOD DRIVE  
OCT 1st – 13<sup>th</sup>  
2015**

Thank you for your help in feeding the hungry families in Pickering and Ajax.



Please help us to put food on the tables of Pickering and Ajax residents less fortunate than ourselves. We are in need of the following items:

- PEANUT BUTTER, JAM, CHEEZ WHIZ
- CANNED FRUIT (no pineapple)
- LUNCH SNACKS
- CANNED PASTA, BAKED BEANS
- PASTA SAUCE
- CANNED STEW, CHILI, HEARTY SOUP
- BREAKFAST CEREAL
- COOKIES, CRACKERS
- SUGAR, RICE TEA, COFFEE
- DRY SOUP (Mr. Noodle etc.)
- DESSERTS (muffin or cake mix, jello)
- JUICE (28 oz)
- TUNA, CANNED MEATS
- SUPPLEMENT DRINKS (**Boost, Ensure etc**)
- INFANT CEREAL, BABY FOOD
- DIAPERS (Size 4 & up)

We request that all donated food be non-perishable in good condition and with current expiry dates (watch your Best Before dates).

To arrangement delivery or to answer your questions please visit our website or call 905-839-9537. Thank you for your support.

St Paul's on the Hill Food Bank

*(Information from Caroline H.)*

For more information on all food banks in Durham Region, click on the following link:  
<http://www.centraleasthealthline.ca/listServices.aspx?id=10572&region=DurhamRegion>

***"There is no better exercise for your heart than reaching down and helping to lift someone up."***

***— Bernard Meltzer***



## Are You Heading to the Polls on October 19<sup>th</sup>?

**If you're not, you should! Here's a history on why you should cast your ballot and encourage others to vote as well:**

"Placing women on political equality with men would cause domestic strife. The majority of women are emotional, and if given the franchise would be a menace rather than an aid"  
Manitoba Premier Rodmond Roblin 1914

"Our worthy opponents will emphasize the fact that women are the weaker vessel. Well, I should think a woman who cooks for men, washes, and bakes and scrubs and sews for her family could stand the extra strain of marking a ballot every four years"  
Nellie McClung

One hundred years ago, October 1915, women in Ontario and every other province in Canada could not vote either provincially or federally. Through the actions of women like Nellie McClung, Emily Murphy, and others women gradually won the right to vote provincially.

Manitoba 1916  
Saskatchewan 1916  
Alberta 1916  
British Columbia 1917  
Ontario 1917  
Nova Scotia 1918  
New Brunswick 1919  
Prince Edward Island 1922  
Quebec 1940  
Yukon 1919

## North West Territories 1951

One hundred years ago, October 1915, Canada was engulfed in a war that saw new roles and responsibilities for women. With Canadian men fighting overseas The Canadian government asked women to work in the factories producing the weapons of war. They took on jobs normally done by men such as bus conductors, bank clerks, farming etc. They volunteered in great numbers through organizations such as the Red Cross and sold war bonds to finance the war. They knitted their hearts out making wool socks, gloves and blankets for the soldiers overseas. They sent care packages to the troops. They did what women do, they looked after each other on the home front and they supported their husbands, brothers, fathers and sons overseas. However, such efforts did not automatically grant them the right to vote federally. After all, could a woman who worked 12 hours a day or night in a dangerous, unclean factory making bullets and other weapons really be trusted to make an informed vote? Apparently not, until her vote might re-elect a government that gave her the right to vote federally. In 1917 the Conservative government of Robert Borden was facing defeat in the federal election and he decided that by giving women the vote they would be grateful enough to vote for his party. He was right. The Wartime Elections Act of 1917 gave the vote to women who were British subjects, and who were the wives, daughters, mothers, sisters or widows of serving soldiers. As well, army nurses were also given the right to vote. Like many other things in the lives of women at that time and today, it was a trade off but by 1919 all Canadian women who were British subjects, and 21 years of age could vote in federal elections. It was a beginning! However many Canadian women would not be allowed to vote for years to come: Aboriginal, Mennonite, Doukhobor, Asian. Today all women in these ethnic groups can vote.

**In the world today, which countries do not allow women to vote?**

Saudi Arabia did not allow women to vote in any election until this year. The law was passed in 2007

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to allow women to vote in local (really small) elections starting in 2015. However, women in Saudi Arabia are still not allowed to drive a car.

Brunei: Women are not allowed to vote except at a very small local level

United Arab Emirates: A very small number of women (less than 12%) are allowed to vote for members of the national advisory council. However women are not allowed to be members of the council.

Please vote on October 19th! Your great grandmother is watching.



Resource Center. A History of the Vote in Canada. Feb14, 2013. Web, Sept.29, 2015

"Women's Suffrage" The Canadian Encyclopedia. Web.29 Sept.2015

(Thanks to Marcy R. for providing this interesting article)

## This Month's Meeting

Since we're unable to secure an alternative meeting place suitable for the yoga instructor, Caroline has arranged for a private area at Fionn MacCool's for 7 pm. where we will have dinner together and our business meeting. Even if you don't feel like eating please come anyway. This will be a great chance to spend some time getting to know each other better.

## Interest Groups

*Get involved—get connected!! Join an interest group!*

Interest groups are a great way to get to know other club members, especially if you are new to the club. Joining one or several of these groups gives you the opportunity to spend time with members with similar interests. Feel free to join as many as you like (or start up a new one!) You are only limited by the amount of free time you have available!

Sign-up sheets will be posted at the September meeting. If you are a new member and are not sure how our interest groups work, please ask any club member for more information.

Here's a list of our more active groups: **Ladies Gourmet, Couples Gourmet, Book Lovers, Euchre Group, Issues and Advocacy, Ladies Golf, Volunteer Activities, Garden Club, and Entertainment/Theatre Group.**

Convenors are needed for each of these groups. All you have to do is keep a list of the members signed up for the interest group and occasionally act as liaison/coordinator for the group, if necessary. It's easy!

## Book Club

Book Club is open to all, and all are welcome! The October Book Club meeting will be held on **Wednesday, Oct 21<sup>st</sup>**, at 7:30 pm at Cathy H's. The book is ***They Left Us Everything*** by Plum Johnson. Please contact Cathy at 905 839-6732 to confirm attendance.



### Newsletter Deadline

Information for the October newsletter should be submitted by **Friday, October 30, 2015**. Submissions can be mailed, dropped off, or sent via e-mail (jbriell@bell.net). Contact Sandy at 905 428-0003 for further information.

### Note from the Editor

*The Grapevine* is available in both electronic (Adobe PDF) and hardcopy formats, with electronic being the preferred, more cost-efficient format. **If you have recently changed your e-mail address or other contact information**, please let me know so I can update the club membership list and get the newsletter to the right place!

### CLUB WEBSITE

<http://www.ajaxcfuw.ca/>

Our website has a brand new look. If you have anything you wish to add, or any new content you would like to see, please contact Sandy. This is still a work in progress so keep checking back!

#### Facebook/Twitter

This year we will be sending out meeting information via these social media platforms to try to encourage new members. Visit our new **Facebook page** (see page 2 for more info) or connect with us on **Twitter** (@CFUWajax).

## October 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7 Club Meeting	8	9	10
11	12	13	14	15	16	17
18	19	20	21 Book Club Meeting	22	23	24
25	26	27	28	29	30 Newsletter Deadline	31