



Message from the President. . .

Welcome back everyone from what I hope was a wonderful summer for all. We enjoyed an unusual summer this year with the Pan Am and Parapan Am games in town. I was able to see quite a variety of sports from baseball and softball in our area to diving, track and wheelchair basketball across the city. I even went to Nathan Phillips Square one night and saw Jan Arden perform.

I am looking forward to a new chapter in my relationship with CFUW, while I have been president before this time I am planning a 2 year stint so it takes on a different feeling to be able to think more long term. It also takes the pressure off to find a successor starting half way through! We have some other members taking on new roles this year as well. Please encourage and support them as they find their way. With that thought though, there are still some positions that need filling. I would like to encourage everyone to consider stepping up and learning along with the rest of us! This is a great club and we need to keep it going strong.

I would like to take a slightly different approach to the meeting itself. For September's meeting we have given the speaker a 745 start time so I want to get the business meeting started at **7 pm**. We will only break briefly in between and then have an open ended social time after the speaker finishes. Let's see how it works and discuss adopting this for the year.

See you **Wednesday, September 9th** at **7pm**, Viva Retirement Center, in the basement theatre room.

Cathy

***Welcome back to another
great year of CFUW!***



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Next General Meeting

**Wednesday,
September 9, 2015**

“Truth and Reconciliation Commission”



Speaker:

Reverend Maggie McCloud

Meeting Location:

**Viva Retirement Centre
1880 Glengrove Rd
Pickering**

Meeting Time: 7:00 p.m.

New Format!

*Business meeting at 7 pm.
Speaker begins at 7:45,
followed by social time for
members after the speaker.*

***Come out and get caught up
after the summer!***

***Invite a friend to this
meeting & introduce them
to the fun and friendship
of CFUW!***



Minutes of General Meeting Wednesday, June 3, 2015

Our meeting in June was our annual June dinner and no minutes were taken. Information on our budget and other year end items can be obtained from the club president or treasurer.

Dates and Data

CFUW Websites:

Main website: <http://www.cfuw.org>

Ontario Council Website: <http://www.cfuwontcouncil.ca/>

CFUW on Facebook

CFUW has a Facebook group! If you are a Facebook user you can join the group by searching for Canadian Federation of University Women, or visit <http://www.facebook.com/group.php?gid=2232370205>

Ajax-Pickering on Facebook:

Our club now has its own Facebook page. You do not have to have a Facebook account to view this page. Simply Google Ajax-Pickering CFUW Facebook page or click on the following link: <https://www.facebook.com/CFUWAjaxPickering?ref=stream>

Ajax-Pickering on Twitter: Use @CFUWajax

The Ontario Council newsletter, **Dates and Data**, is available on-line on the Ontario Council website. **The Communicator** newsletter is available on-line on the main website.

Upcoming CFUW Events

Ontario Council Standing Committee Meetings

Ontario Council Standing Committees in Legislation, Education, and Status of Women and Human Rights were developed to keep members aware of current issues in Ontario. The Committees meet three times a year - in September, January, and March in downtown Toronto - for a day with **SPEAKERS**, workshops and discussion. All Club members are invited to attend these meetings.

Next Meeting: September 26th, 2015

Yorkminster Park Baptist Church
1585 Yonge Street

Morning Session Topic: Bridges Out of Poverty
Speaker: Elaine Weir, Bridges Facilitator and Circles Coach, Public Health Nurse, Wellington Dufferin Guelph Health Unit, a BScN from MacMaster University (Registered Nursing). Elaine has been a registered nurse for 30 years, specializing in families with young children. She has worked in public health, community college and hospitals.

Check In: 9:00 to 10:00 am

Meeting Begins at 10:00 am

Catering requires pre-registration

http://www.cfuwontcouncil.ca/Resources/SC_regform%20revised%202015%202016.pdf

Upcoming meetings for 2015/2016:

January 23, 2016

March 12, 2016

Welcome back!!

Hope you're ready for another great year of CFUW!!

Meetings are the 1st Wednesday of each month at Viva Retirement Centre, 1880 Glengrove Rd, Pickering, unless otherwise advised.

Business meeting: 7:00 pm

Short break

Speaker: 7:45 pm

Social time following the speaker.



2015/2016 Executive

President – Cathy Martin
 Vice President – vacant
 Fundraising Convenor – vacant
 Secretary – Dale Thorington
 Treasurer – Jane Clemo
 Membership – Lori Bootsma
 Scholarship – Dorothy Nemeth
 Newsletter – Sandy Briell
 Social – Louise Simmonds
 Program Committee – Jennifer Harrison, Caroline Honsberger, Marcia Railer
 Publicity – Janet Martin
 Past President – Nonna Schiefer
 Interest Group Convenors: TBA

September is a month to...

- Reconnect with learning. Take a course!
- Organize a Welcome Autumn party and hold it outdoors if possible. Decorate with all of the beautiful colours of autumn and serve the best of the season’s harvest of veggies and fruits.
- Buy a new wreath for the door to spruce up your entryway.
- Take a weekend trip to a location on your bucket list. If you haven’t started a bucket list, try Googling “interesting places to visit in Ontario” for some ideas.
- Volunteer at a local food bank or other worthy cause
- Attend a fall fair and see what’s new in the world of agriculture. For once, give in to temptation and try the chip truck fries – so delicious!
- Rake leaves and jump in them! It’s OK to let out your inner child every now and then.
- Plant tulips in lots of colours to enjoy next spring.
- Take notes on what worked in your garden this year and what needs to be changed. Come spring, it will be hard to remember. Taking pictures of your garden also helps to remember how things looked in full bloom so you will know which plants to move or replace.
- Attend our September meeting, renew friendships and listen to a great speaker talking about Truth and Reconciliation. Don’t forget to bring a new member!

2015/2016 Programme

Wed. Sept. 9	Truth and Reconciliation Commission, Reverend Maggie McCloud
Wed. Oct. 7	Mindful Movement , Andrea Szabo The connection between movement and restoring balance in your life.
Wed. Nov. 4	Volunteering at the Centenary Cardiac Rehab , Magie Bungaroo Women’s heart health and the work being done in heart healthcare at the Centenary Cardiac Rehab Clinic.
Wed. Dec. 2	Christmas Party
Wed. Jan. 6 or 13 (TBD)	Leadership in Starting a Business , Cindy Adams Insights on successfully growing and running a local non-profit business, <i>Scientists in School</i> .
Wed. Feb. 3	Multicultural Celebrations , Raveena Ratnasingam
Wed. March 2	Women and Youth Political Issues , Tracy McCharles (to be confirmed)
Wed. April 6	Resolutions – Potluck and issues discussion.
Wed. May 4	Food Bank and Food Collection , Marg Jocz Running Pickering’s Food Bank and why it’s needed. Please bring a donation.
Wed. June 1	End of Year Celebration

Try these websites for September/October events and activities:

Pickering Museum Village Spirit Walk recreates the Rebellion of 1837:

<http://www.pickering.ca/en/discovering/resources/Spirit-Walk.Poster.8.5-x11.2015-web.jpg>

Fall fair list:

<http://www.ontariofairs.com/>

1920’s Fashion Show at Parkwood Estates Oshawa:

<http://www.parkwoodestate.com/events-programs/coming-events-programs/>

Interest Groups

Get involved—get connected!! Join an interest group!

Interest groups are a great way to get to know other club members, especially if you are new to the club. Joining one or several of these groups gives you the opportunity to spend time with members with similar interests. Feel free to join as many as you like (or start up a new one!) You are only limited by the amount of free time you have available!

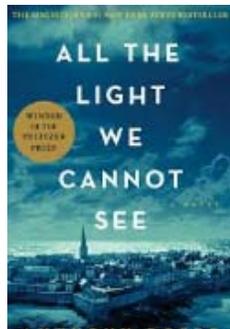
Sign-up sheets will be posted at the September meeting. If you are a new member and are not sure how our interest groups work, please ask any club member for more information.

Here's a list of our more active groups: **Ladies Gourmet, Couples Gourmet, Book Lovers, Euchre Group, Issues and Advocacy, Ladies Golf, Volunteer Activities, Garden Club, and Entertainment/Theatre Group.**

Convenors are needed for each of these groups. All you have to do is keep a list of the members signed up for the interest group and occasionally act as liaison/coordinator for the group, if necessary. It's easy!

Book Club

Book Club is open to all, and all are welcome! The September Book Club meeting will be held on **Wednesday, Sept 23rd**, at 7:30 pm at Erica B's. The book is ***All the Light We Cannot See*** by Anthony Doerr. Please contact Erica at 905 686-2690 to confirm attendance.



Book Club List 2015/2016

Wed Sept 23rd 2015 *All the Light We Cannot See* by Anthony Doerr
Hosted by: Erica B. 905 686-2690

Wed Oct 21st 2015 *They Left Us Everything* by Plum Johnson
Hosted by: Cathy H. 905 839-6732

Wed Nov 25th 2015 *Us Conductors* by Sean Michaels
Hosted by: Janet M. 905 839-8153

Wed Jan 27th 2016 *The Midwife of Venice* by Roberta Rich
Hosted by: Nonna S. 905 420-6470

Wed Feb 24th 2016 *Devil in the White City* by Erik Larson
Hosted by: Jane C. 905 428-0941

Wed Mar 23rd 2016 *Crazy Rich Asians* by Kevin Kwan
Hosted by: Louise S. louise_simmonds@look.ca

Wed Apr 27th 2016 *The Little Old Lady Who Broke All the Rules* by Catharina Ingelman-Sundberg
Hosted by: Heather T. 905 831-7387

Wed May 25th 2016 *The Girl on the Train* by Paula Hawkins
Hosted by: Donna M. 905 666-1945

TUESDAY* June 21st 2016 Dinner and Shopping ☺



Other Book Club suggested books of interest:

- Dead Wake* by Erik Larson
- Mary Coin* by Marisa Silver
- Rule of 4* by Ian Caldwell and D. Thomason
- The Unlikely Pilgrimage of Harald Fry* by Rachel Joyce
- River of Stars* by Guy Gavriel Kay
- North of Normal* by Cea Person
- Maya's Notebook* by Isabelle Allende
- At Home* by Bill Bryson
- The Children Act* by Ian McKewan
- The Goldfinch* by Donna Tartt
- The Lobster Kings* by Alexi Zentner
- Orphan Train* by Christina Baker Kline
- The Red Pole Macau* by Ian Hamilton

of unresolved trauma passed from generation to generation and has had a profound effect on the relationship between Aboriginal peoples and other Canadians. Collective efforts from all peoples are necessary to revitalize the relationship between Aboriginal peoples and Canadian society – reconciliation is the goal. It is a goal that will take the commitment of multiple generations but when it is achieved, when we have reconciliation - it will make for a better, stronger Canada.



Reconciliation is an ongoing individual and collective process, and will require commitment from all those affected including First Nations, Inuit and Métis former Indian Residential School (IRS) students, their families, communities, religious entities, former school employees, government and the people of Canada. Reconciliation may occur between any of the above groups.

Source:
<http://www.trc.ca/websites/trcinstitution/index.php?p=3>

This Month's Speaker

Maggie McCloud

Maggie McCloud has served as Executive Minister for the Aboriginal Ministry Circle, responsible for coordinating programs that focus on healing, leadership, and community development for 59 communities of faith within the United Church. Before this work she served in Ojibwa communities north of Toronto.



Maggie's father, Wilfred Dieter, was a survivor of the File Hills Residential School. His father and mother, Fred Dieter and Marybelle Cote, attended the Industrial School in Regina.

For over 100 years, Aboriginal children were removed from their families and sent to institutions called residential schools. The government-funded, church-run schools were located across Canada and established with the purpose to eliminate parental involvement in the spiritual, cultural and intellectual development of Aboriginal children. The last residential schools closed in the mid-1990s. During this chapter in Canadian history, more than 150,000 First Nations, Métis, and Inuit children were forced to attend these schools some of which were hundreds of miles from their home. The cumulative impact of residential schools is a legacy

Women in the News...

As we head toward an election this fall, it's worthwhile keeping an eye on some other women who will be voting this year. For the first time in history, Saudi women are registering to vote in elections in December and they will also be able to run for election. Unfortunately, they will still not be able to drive themselves to the voting booths but this is definitely a step forward. Read more about it here:

<http://www.cnn.com/2015/08/21/world/saudi-arabia-women-voting/>

Newsletter Deadline

Information for the October newsletter should be submitted by **Friday, September 25, 2015**. Submissions can be mailed, dropped off, or sent via e-mail (jbriell@bell.net). Contact Sandy at 905 428-0003 for further information.

Note from the Editor

The Grapevine is available in both electronic (Adobe PDF) and hardcopy formats, with electronic being the preferred, more cost-efficient format. **If you have recently changed your e-mail address or other contact information**, please let me know so I can update the club membership list and get the newsletter to the right place!

CLUB WEBSITE

<http://www.ajaxcfuw.ca/>

Our website has a brand new look. If you have anything you wish to add, or any new content you would like to see, please contact Sandy. This is still a work in progress so keep checking back!

Facebook/Twitter

This year we will be sending out meeting information via these social media platforms to try to encourage new members. Visit our new **Facebook page** (see page 2 for more info) or connect with us on **Twitter** (@CFUWajax).

September 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9 Club Meeting	10	11	12
13	14	15	16	17	18	19
20	21	22	23 Book Club	24	25 Newsletter Deadline	26 Ont Council Standing Comm. Mtg
27	28	29	30			