



Message from the President. . .

Dear fellow members,

It's been a great month! What an exciting meeting in November with the appointment of fellow member Cindy A. as a recipient of the Order of Ontario - a great honour. We also chose to honour Erica B. as one of the co-founders of Scientists in School where Cindy has been the Executive Director for many years. This organization has touched more than 11 million children since its inception over 30 years ago!

A big thank you to our Advocacy team with Caroline and Marcy at the helm. Helen introduced us to The Rose of Durham which is a charity centred on young mothers. It's wonderful to be aware of the good works being done in the community centred on women and girls. There are many opportunities for members to help, but **\$5.00 Tim Horton Gift cards** are requested to hand out to the women at Rose of Durham. Thank you to Marcy as well for introducing us to the most recent Supreme Court Justice, Mary Moreau. For the first time in history there are now more women than men on our national Supreme Court. Caroline has made us aware of a ceremony in Ajax to honour the fallen women of École Polytechnique on December 6th, 34 years ago. All are invited to attend.

Kim G. has organized a fundraiser for our scholarship fund. This is now closed. Coupons will be available on December 3rd. Thank you so much Kim for helping in this way.

I want to recognize our very talented new member, Jenn, who shared her beautiful hand-made stamps at craft club this month. I think it was a wonderful time.

I also want to welcome back a long-time member of our club, Cathy H. I know Thursday evenings are difficult for you, but you have been missed. It was great to see you at the outing to see Rick Mercer!

I'm looking forward to our Christmas Party on Thursday, December 14th at Sabina's Restaurant. There will not be a formal meeting but if you have something to discuss, please let me know. If anyone has ideas to share or an interest, please make me aware. I'm always just an email or phone call away and very happy to hear from any of our members.

I also want to take this opportunity to wish everyone here a happy and safe holiday season. With so much unrest throughout the world, I feel very fortunate to be a Canadian and to be a woman in this day and age.

In friendship,

Louise S.

Next General Meeting

Thursday,
December 14th, 2023

"Holiday Party"



Location:

**Sabina's Casual Dining
and Pub
1755 Pickering Parkway,
Pickering**

Time: 6:30 p.m.

*Come join fellow CFUW
members and enjoy the
magic of the season!*

Dress is casual festive!



Dates and Data

CFUW Websites:

Main website: <http://www.cfuw.org>

Ontario Council Website: www.cfuwontcouncil.org

CFUW on Facebook

CFUW has a Facebook group! If you are a Facebook user you can join the group by searching for Canadian Federation of University Women, or visit <http://www.facebook.com/group.php?gid=2232370205>

Ajax-Pickering CFUW on Facebook:

Our club now has its own Facebook page. You do not have to have a Facebook account to view this page. Simply Google Ajax-Pickering CFUW Facebook page or click on the following link: <https://www.facebook.com/CFUWAjaxPickering?ref=stream>

Ajax-Pickering on X (formerly Twitter): Use @CFUWajax

The Ontario Council newsletter, **Dates and Data**, is available on-line on the Ontario Council website. **The Communicator** newsletter is available on-line on the main website.

Ontario Council Standing Committee Meetings

Ontario Council Standing Committees in Legislation, Education, and Status of Women and Human Rights were developed to keep members aware of current issues in Ontario. The Committees meet three times a year - in October, November, and February - for a day with speakers, workshops and discussion. All Club members are invited to attend these meetings.

To make access to the Speakers Series equitable, CFUW Ontario Council will be using the virtual platform of ZOOM. Each event takes place on a Saturday morning and is two hours in length from 10 a.m. to 12 p.m. The format allows for questions from the floor through the chat function of ZOOM. Please save the dates and plan to join!

Standing Committee Meeting Dates for 2024:

February 24th, 2024 **Artificial Intelligence and its Potential for Women in a Digital World**

Save the dates!

For more information click here:

<https://cfuwontcouncil.org/standing-committees/>



Minutes of General Meeting, Thursday, November 9th, 2023

Welcome by Louise S. Land acknowledgement done by Gail L. Guests were welcomed: Gail brought her cousin from the US (Jennifer M.) and Caroline brought her neighbour, Shirley (past member). Lynda brought Rebecca (a family member).

Announcement: Cindy A. has been appointed to the Order of Ontario. Louise S. spoke about Cindy and her dedicated work with Scientists in School and how she was deserving of this appointment. The idea of SiS was sparked by Erica B. and past member Nancy W.

Louise Z. presented both ladies with flower bouquets.

Louise Z. noted there was an error in last month's minutes. Louise Z. did not start Scientists in School - it was Erica and Nancy.

Adoption of last month's minutes with correction – first - Cathy M, seconder - Donna M. Vote-unanimous.

Report of Officers

- a) **Program** – vacant Speaker tonight is arranged by Dale. Thank you, Dale, for 3 years and a bit of bringing us quality speakers.
- b) **Treasurer** - Erica Today's balance: \$8079.61. Ontario dues \$200.00, Natl dues 1,760. Balance will be \$6,119 but Ontario Council in Windsor and Natl in Edmonton.
- c) **Membership** - Donna 32 paid members. Up from 27 last year.
- d) **Scholarships** – Dorothy Reports balance of \$5,513.62. Still one cheque for \$250.00 outstanding. Dorothy trying to track this down.
- e) **Fundraising** - vacant Thank you to Kim G for spearheading our Vandermeer project.
- f) **Advocacy** – Will now meet via Zoom the first Wednesday of every month. Open to all. Caroline spoke for the group first. Their directive is to support the mission of CFUW. The Advocacy group will highlight one Durham region organization doing good works for women and girls every month.

Helen spoke about their focus for this month - The Rose of Durham at 707 Simcoe St. in Oshawa. It is a non-profit organization supported by the Catholic Services of Toronto, but anyone can go there. Their focus is on pregnancy, childhood, and parenting, particularly for young parents. They have over 300 programs. In 2019, 448 clients were served. 4,000 hours of volunteer time.

Opportunities to help include: child minding, lunch co-ordinator. You can help by donating pre-loaded Presto cards for transportation to and from where they need to go. Also \$5.00 Tim Horton Cards. **We are asked to bring Tim Horton Cards to our Christmas party/meeting!**

- g) **Communications/publicity** - Sandy, Janet Nothing new to report.
- h) **Social** - Louise Z. Thank you to Janet M. and Kim G. for October treats and Catherine (celebration cake for Cindy and Erica) and Gail.

Interest groups

- a) **Book Club** - Carmen next month - Lady in Waiting by Anne Glenconner, hosted by Helen Ecker. Carmen will send an email.
- b) **Walk and talk** - Jane - Wednesday at 1. Contact Jane to be added to her mailing list. Joanne and her dog have been joining in.
- c) **Cards** - Cathy M. - Mondays at 6:30 or 7. Any interest, contact Cathy.
- d) **Lunch group** - next Thursday the 16th, at Crepe Castle - Salem and Taunton in the Metro Plaza. Louise S. to send out invite.
- e) **Golf** - over for the year.
- f) **New - Craft Club** - next Tuesday evening at 7 pm. Louise S. - email will be sent out. RSVP. Jenn N., who has her own craft business with fabric stamping, will teach us the fine art of stamping. I have 12 simple canvas tote bags to use for stamping or bring your own garment.
- g) **Advocacy group** - first Wednesday of every month via Zoom.

(minutes cont'd on page 4)

(minutes cont'd from page 3)

h) **Travel Club** - Claudette welcomed Louise S., Caroline and Heather to the team. Anyone can still join. Highlighted destinations include New Orleans, Europe and Japan.

Outing to see the Barra McNeils on Saturday, December 9th at Regent Theatre in Oshawa. There are still some tickets available. Please contact Caroline H. this week if you plan on going so she can make a restaurant reservation.

Outing to see Rick Mercer November 15th in Uxbridge at the Music Hall. Tickets are sold out now.

Christmas party - Sabina's restaurant, Thursday, December 14th at 6:30 pm. The room rental will be \$125.00 so we're asking for \$5.00 pp extra to pay for the rental. Sabina's is in the Home and Design Centre in Pickering, near Canadian Tire. **Don't forget your Tim Horton \$5.00 cards for Rose of Durham!**

Fundraising - Kim Gervais is away. Deadline for orders is November 23rd. Coupons to be available on Dec. 3rd. Please support this effort. All proceeds for our scholarship program. Does anyone else want a hard copy of Vandermeer sheet? Don't forget the coupons. Can be given as teacher gifts or Christmas gifts. Won't expire - can be used for spring plants. Erica will accept cheques or eTransfers. Please use the password **CFUWAP** (all capitals)

Ontario Council - met with Regional Director, Susan. Lots of very large groups out there. How do we increase our membership?

New Business - Advocacy will be highlighting an impactful Canadian woman every month. Marcy introduced us to Mary Moreau, the newest member of the Supreme Court of Canada. She was previously on the Supreme Court of Alberta. For the first time ever, there are now more female judges (5) than male judges (4) on the Supreme Court. To be selected you must have been on the Supreme Court of your Province, fluently Bilingual and a whole host of other qualifications. If interested, see website for Supreme Court of Canada. Mary's background is in Criminal law and International law. Congratulations to Mary.

Speaker - Mark Stabb from the Nature Conservancy of Canada. Mark was introduced by Gail. He went to University of Waterloo Environmental studies with Gail and they have been friends since. Mark spoke of the plans to protect identified areas of biodiversity around Lake Ontario and the old Lake Iroquois, an ancient post-glacial lake which has altered over the millennia. He had slides highlighting areas which are currently preserved and others being targeted to maintain. Many of us had not heard of Lake Iroquois. I was amazed that my house is on the once shore of that ancient lake. Everyone learned a lot and Mark was a wonderful speaker with a little help from Jacques LaRoque! He was thanked by Dale. His honorarium will be donated to the Nature Conservancy of Canada.

November Speaker: Mark Stabb



Members enjoyed an interesting talk about Lake Iroquois from our speaker, Mark Stabb.


For more information on the Nature Conservancy of Canada, and to read Mark's blogs on a variety of interesting topics, click here:

<https://www.natureconservancy.ca/en/blog/authors/mark-stabb.html>

News from the Oshawa Club


Oshawa CFUW invites us to a special evening with their club member, Eleanor Gummer, the founder of the Whitby School of Music, who will talk about little-known women composers from the last 300 years and demonstrate their music on the grand piano in the sanctuary of St Mark's United Church in Whitby. This will be followed by a half hour social of seasonal hospitality. (This speaker has been re-scheduled after a weather-related cancellation in November.) All guests are welcome. No fee to attend and no need to pre-register.

Jone Webster, Publicity




Women Composers: The Underrepresented

By Eleanor Gummer




Join us for a special evening of music and discussion at the grand piano.



Eleanor, founder of the *Whitby School of Music*, researcher, author and composer will talk about little-known women composers from the last 300 years and demonstrate their music.

Wednesday, December 13, 2023 - 7:00 P.M.
All Guests Welcome - Free Admission
St Mark's United Church, 201 Centre St S, Whitby

CFUW Oshawa and District
cfuw.oshawa@gmail.com
<http://cfuw-oshawa-and-district.weebly.com>



Did you know. . . ?

The Oshawa Club puts out an interesting and informative newsletter every month. To access their newsletters, click here: <https://cfuw-oshawa-and-district.weebly.com/newsletters.htm>

What's Happening at CFUW Ajax-Pickering?

Time for a Party!!

It's that time of year! This month we celebrate the holiday season with a party to enjoy time together with fellow members. Don't forget to wear casual festive attire (maybe a Christmas sweater or something fun and sparkly!) Hope to see everyone out for this fun event.



Holiday Party


Where: Sabina's Casual Dining and Pub
1755 Pickering Parkway
(Home and Design Centre)

When: Thursday, December 14, 2023 @
6:30 pm

Dress: Casual festive

Please remember to bring your Tim Horton
Gift Cards for Rose of Durham.

Also \$5.00 each to pay for the room rental.

Hope to see you there! 



*It's the holiday
season. Let the
overeating begin!*

- Melanie White

happy
holidays!

CFUW Ajax-Pickering goes to Author Night

This photo is from Author Night (part of The Book Drunkard Festival) with Blue Heron Books in Uxbridge. Rick Mercer was interviewed and spoke at The Uxbridge Music Hall.

Probably 10 or more of our CFUW club members went to hear Rick. He was funny, quick and so interesting. We all received a copy of his new book that has just been released.

Photo and submission courtesy of Heather T.



Spotlight on Cindy – Order of Canada Recipient!

Congratulations to Cindy A. for her hard work resulting in this amazing award and fantastic achievement! Well deserved, Cindy! Erica B. was also recognized for her part in the founding of the Scientists in School program.

The pictures below are of Cindy and Erica at the club presentation at the November meeting:



Scientists in School began as an outreach initiative/program of CFUW Ajax-Pickering. The idea was the brainchild of two club members, Erica Bruce and Nancy Williams, and received enthusiastic support. The program launched as a CFUW Ajax-Pickering initiative in January 1989, to serve Ajax and Pickering elementary schools. A relationship was built with the Durham District School Board and a selection of investigative science workshop topics were developed and brought to 40 classrooms the first year, which grew to 120 classrooms the second year. Erica stepped out of the co-coordinator role in year two to pursue a new career path, and Nancy stepped out of it ahead of year three to pursue a new career path. Cindy Adams was asked to be the volunteer coordinator. Over the next few years, it expanded rapidly and by its ninth year was providing 5,000 workshops delivered by a team of over 80 workshop presenters annually, to serve four school boards. Cindy proposed incorporating Scientists in School as its own entity - structured as a non-profit organization with charitable status to provide the program with a governance structure that would serve it well for continued growth, including the ability to fundraise. At that time, she became its founding Executive Director, reporting to the organization's inaugural Board of Directors. Since that time, it grew to reaching over 700,000 elementary students in 25,000 classroom workshops, across southern communities in Ontario and Alberta. With the arrival of COVID, transformation of the onsite workshop visits to virtual workshop visits, staying true to the investigative nature of the workshops, was achieved by pre-packaging topic curated materials, sent ahead. This transformation allowed the organization to scale nationally, reaching a longtime dream of a program inclusive of all children in Canada. Now the organization is working to regrow its onsite workshop program reach/impact seriously eroded due to the challenges of the pandemic, including financial. At the same time, its virtual workshop model remains enduring. Together the two models will help support Scientists in School's ongoing recovery, to emerge stronger long-term.

Thanks to all who submitted photos of this event for the newsletter.

Interest Groups

Get involved—get connected!! Join an interest group!

Interest groups are a great way to get to know other club members, especially if you are new to the club. Joining one or several of these groups gives you the opportunity to spend time with members with similar interests. Feel free to join as many as you like (or start up a new one!) You are only limited by the amount of free time you have available! If you are a new member and are not sure how our interest groups work, please ask any club member for more information.

Book Club

There is **no Book Club this month**. The next meeting will be held on **Thursday, January 25th**, hosted by Louise S. The book is ***The God of Small Things***, by Arundhati Roy. Please contact Louise to confirm attendance and meeting location.



CFUW Ajax-Pickering Walk and Talk

Our goal is to enjoy some fitness at local walking trails while connecting with other club members. Walk and Talk will continue throughout the year. If anyone has a preference for time, or suggestions for walking locations, please let Jane C. know. We meet **every Wednesday**. The time may be adjusted depending on weather. Details will be confirmed via email the week of the walk. Contact Jane C. if you wish to be added to the email contact list for this group to receive regular updates on activities.



Online Cards

We have a small active group of avid card players and anyone is welcome to join us. Games are played online every Monday night at 6:30. Contact Cathy M. for more information.



Golf

Our golf has finished for the season. Watch for updates on this group in the spring when we start up again. New golfers are always welcome!



Ladies Lunch Group

Come join the Ladies Lunch Group as we discover new restaurants in the area and old favourites. We meet the 3rd Thursday of each month. The group will take a break for the month of December. An email update for the next lunch event will be sent out in January.

Craft Group

This new group will be meeting once a month on a Tuesday – alternating between morning at 10 am one month and evening at 7 pm the next month. Watch for email updates on this fun group!

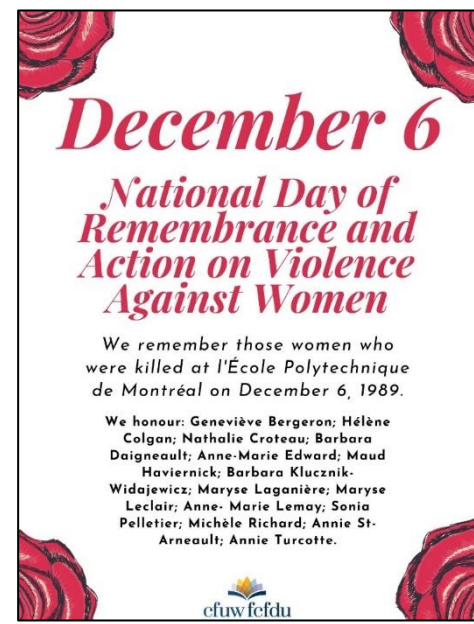
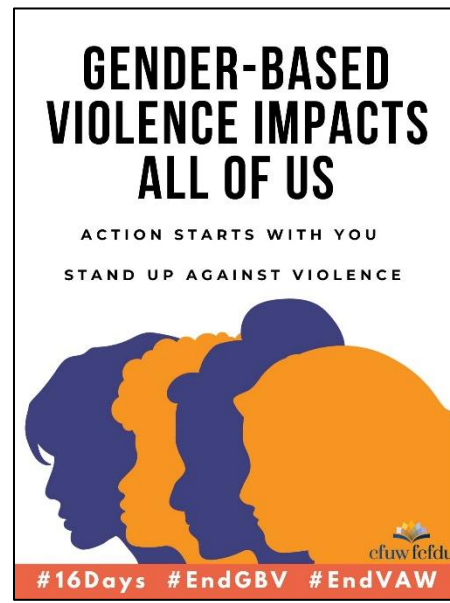
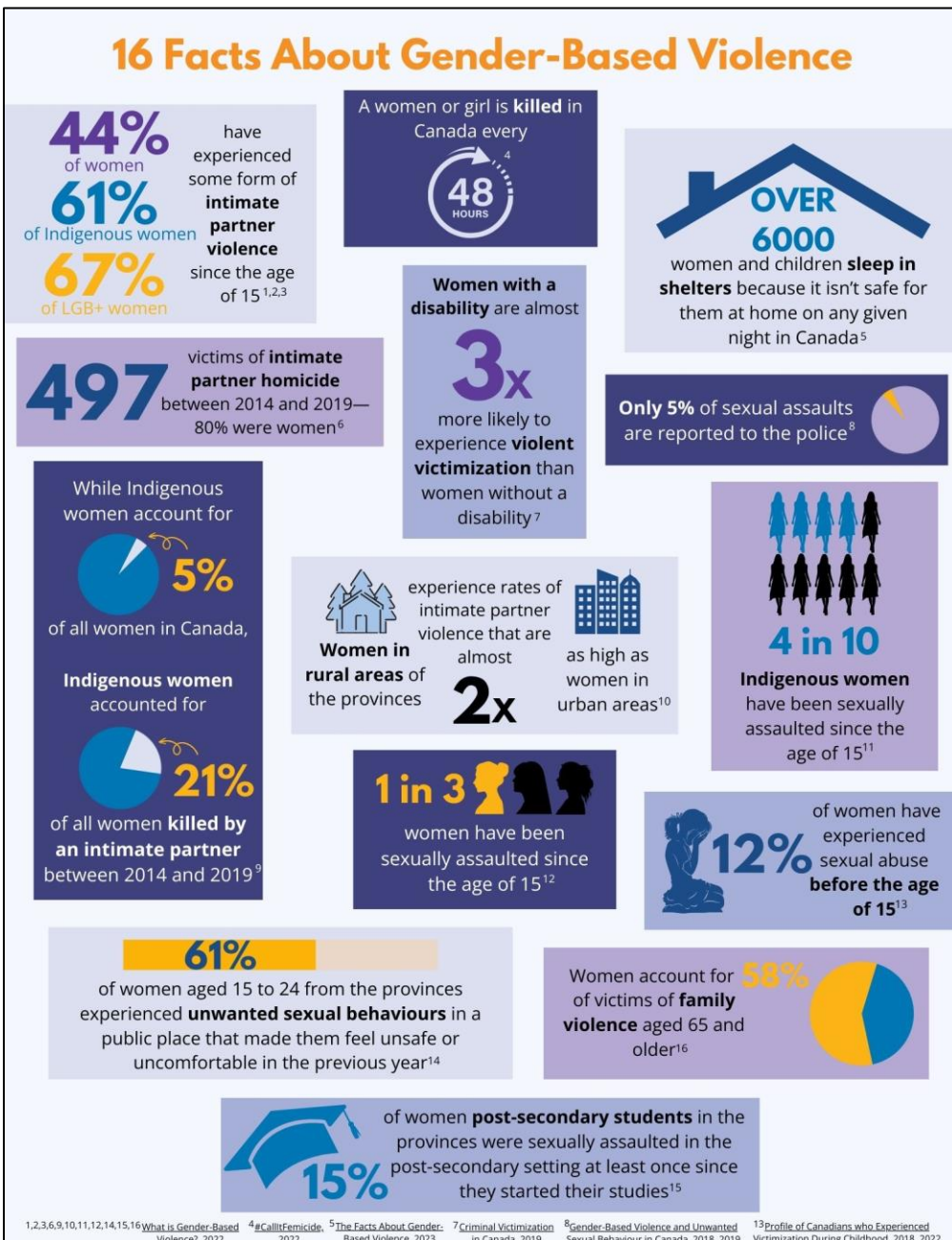


Advocacy

The Advocacy group meets on the **1st Wednesday of the month** via Zoom. This year's meeting dates are December 6, January 3, February 7, March 6, April 3, May 1, and June 5. If you are interested in participating in this group, contact Caroline for more information.

What's New in Advocacy

The CFUW Ajax-Pickering advocacy group is working hard to make a difference. The members of this dedicated group highlight information to educate our members and tackle topics of importance to make our world a better place. For more information or if you wish to join them, contact Caroline.



Infographics submitted by Caroline H. Source: CFUW National. <https://cfuwadmin.org/take-action/advocacy/16-days-of-activism-against-gender-based-violence/>

Advocacy - Spotighting Community Groups: Rose of Durham

Rose of Durham Young Parent Support Centre, located at 707 Simcoe St. S. in Oshawa, serves young parents and their children throughout Durham Region. Opened as a non-profit agency in 1988 and now a program of Catholic Family Services of Durham, Rose of Durham offers young parents a variety of critical programs to help them deal with the challenges of pregnancy, childbirth and parenting. The agency serves all people seeking the support of their services, regardless of their faith or background.

More than 15 free programs and services are offered to young parents. Programs include individual and group counselling, prenatal and parenting classes, life skills, interactive play groups, social drop-in programs, a donation room service. and a high school partnership where clients can attend classes at Rose of Durham while they are pregnant and continue until their child turns one.

Rose of Durham is currently seeking volunteers for a number of opportunities including child minding, share and care room coordinators, bingo volunteers, and lunch coordinators. If you are interested in becoming involved and would like details on current volunteer opportunities, please email their Volunteer Coordinator at deneen.nolte@roseofdurham.com.

Another way to support the Rose of Durham is to donate pre-loaded Presto Cards so clients are able to get to the centre to access programming, counselling and/or the donation centre. Another way is to donate Tim Hortons cards in \$5 increments which the agency uses to reward participants for regular attendance. The Advocacy Committee will be collecting Tim Horton's Gift Cards and pre-loaded Presto Cards at our December meeting for anyone who has an interest in donating them. If you would like a charitable receipt for your donation, please provide your original receipt, together with your name and mailing address and we will include that when we deliver the gift cards.

Submitted by Helen E.

Women Making an Impact

**Her Excellency the Right Honourable Mary Simon, C.C., C.M.M., C.O.M., O.Q., C.D.,
Governor General and Commander-in-Chief of Canada**



On July 26, 2021, Mary Simon, became Canada's 30th Governor General and first to be Indigenous.

She was born in 1947 in northern Quebec to an Inuit mother and non-Inuit father who worked for the Hudson Bay Company. Much of her childhood was spent in the northernmost region of Quebec where she attended a federal day school. Following her elementary education, she began high school in the American state of Colorado but completed her education by correspondence back in northern Quebec.

Photo Credit: Sgt Johanie Maheu, Rideau Hall © OSGG-BSGG, 2021

Mary Simon has been speaking truth to power long before the phrase became part of our language. Her career began working for the CBC in northern Quebec as a broadcaster in the early 1970's. She left this position to begin her career as an advocate, negotiator and ambassador. Leaving the CBC, she began work with the Northern Inuit Association which was an organization whose mandate was to support Inuit rights and interests in Nunavik. Eventually Ms. Simon became president of the organization and in her position, was part of the Indigenous leadership negotiating the first land claims agreement with the Quebec provincial government. Shortly thereafter, she was one of the Indigenous leaders who, in 1982, negotiated the entrenchment of Aboriginal and treaty rights in the repatriated Canadian Constitution. As president of the Inuit Circumpolar Conference, she advocated strongly for greater understanding of issues facing the Inuit in Canada as well as promoting greater awareness of Arctic regions both in this country and globally.

(Mary Simon, cont'd on page 12)

(Mary Simon, cont'd from page 11)

From 1994 to 2003, Ms. Simon became the first Inuit to serve as an ambassador when she accepted the ambassadorship for Circumpolar Affairs. At the same time, she also served as the Canadian ambassador to Denmark from 1999 to 2001. In 2008, Mary Simon, on behalf of the Inuit people of Canada, gave the response in the House of Commons to the federal government's apology on residential schools.

In 2017, Ms. Simon wrote and delivered a report to the Federal Minister of Indigenous and Northern Affairs called "A New Shared Arctic Leadership Model". The purpose of the report was to begin the process of developing new policy and program development in recognition of the unique environment and needs of those who live in the Arctic.

As a strong advocate for the education and health of Inuit youth, Ms. Simon has lobbied various governments to pay much more attention to the issues facing young people in the north. Because of her interest and experience, Ms Simon has been the chairperson of the Arctic Children and Youth Foundation and, until 2014, served as chairperson of the National Committee on Inuit Education.

Among her many awards and distinctions, Mary Simon has been inducted into the International Women's Hall of Fame.

The role of the Governor General today is in part to bring people together and to encourage dialogue, as well as promoting respect for all Canadians. It is also in this position that the new Governor General has the unique opportunity to encourage and support greater understanding of Indigenous Canadians. It is a difficult time to be in a leadership position either in Canada or elsewhere in the world. However, Mary Simon brings to the role of Governor General a unique perspective and decades of experience working in challenging environments. As our first Inuit Governor General, she has much to offer in her new role and we as Canadians have an opportunity to learn much from her.

Source: [www.canada /content/dam/pch/documents service](http://www.canada/content/dam/pch/documents/service/Http://www.canada.ca)
[Http://www.canada.ca](http://www.canada.ca), *canadian heritage*

Submitted by Marcy R.

Canadian Environmental Bill of Rights

Last year, CFUW at the annual meeting passed a resolution urging the federal government to enshrine within our constitution that a clean, healthy and sustainable environment is a human right. This is a matter of significant importance to all Canadians, but especially women. Numerous studies both in Canada and globally show that environmental degradation and climate change have and will continue to have the most detrimental impact on marginalized individuals and those living in poverty. Most often these criteria especially refer to women. In Canada, women living in poverty, those who are Indigenous, and those in other marginalized groups have the least resources to adapt to climate change and will be impacted the most by environmental collapse. Most women who face this dire situation are also mothers with families whose children will be greatly impacted. This is not something that will happen in the future, but rather is happening at the present time both in Canada and globally.



CFUW believes that without recognizing a healthy environment as a human right, all other human rights cannot be fully recognized. In 2022, the United Nations passed a resolution expressly declaring that a clean, healthy, and sustainable environment was indeed a human right. At the time of the declaration, Canada, along with 115 other countries, voted in agreement with this resolution in spite of not having any federal legislation that recognized this right in Canada.

(Bill of Rights, cont'd on page 13)

(Bill of Rights, cont'd from page 12)

Canada did take an initial step towards fully ensuring this right by amending the present Canadian Environmental Protection Law to acknowledge that every person in Canada has the right to a healthy environment. The difficulty with this amendment to the present law is that it is limited to the specific limits of what is covered by the law itself. The impact of climate change goes far beyond the concept of environmental protection in terms of complexity and growing environmental collapse. As well, there is no ability to legally enforce violations of this specific law, which is a significant problem.

At present, there is legislation being presented by the federal government that would extend the right to a healthy, sustainable environment for all Canadians by amending the Canadian Bill of Rights within the Canadian Constitution to include the right to a healthy environment as a human right. In so doing, this human right would be legally enforceable as well as providing access to information regarding government policies and the enforcement of those policies. The proposed legislation is being presented as a private member's bill referred as Bill C-219.

CFUW urges its members to ask their local Member of Parliament to vote in favour of this legislation as we advocate for Canadians living as we are in a climate changing world.

Submitted by Marcy R.

Dear Club Members

I came across this poem recently and it really resonated. It made me think of the wonderful women in our club and how they touch the lives of others every day. I thought it was particularly appropriate for this time of year.

Sandy

YOU

"If every single person who has liked you in your lifetime, were to light up on a map, it would create the most glitteringly beautiful network you could imagine. Throw in the strangers you've been kind to, the people you've made laugh, or inspired along the way, and that star-bright web of **you**, would be an impressive sight to behold. You're so much more than you think you are. You have done so much more than you realise. You're trailing a bright pathway that you don't even know about. What a thing. **What a thing indeed.**"

Donna Ashworth, from her new book '[WILD HOPE](#)'

If you liked this poem and would like to read more from this inspiring author, click here:
<https://donnaashworth.com/poems-quotes/>



Have a wonderful holiday season with family and friends. See you in January!

Newsletter Deadline

Information for the January newsletter should be submitted by **Friday, December 29th, 2023.** Submissions can be mailed, dropped off, or sent via e-mail (sbriell@bell.net). Contact Sandy at 905 428-0003 for further information.

Note from the Editor

The Grapevine is available in both electronic (Adobe PDF) and hardcopy formats, with electronic being the preferred, more cost-efficient format. **If you have recently changed your e-mail address or other contact information,** please let me know so I can update the club membership list and get the newsletter to the right place!

CLUB WEBSITE

<http://www.ajaxcfuw.ca/>

Suggestions for new content or design ideas for our website are always welcome! Please contact Sandy for more information.

Newsletters will be posted on the website so you will be able to access them online if needed.

Facebook/X (formerly Twitter)

We now send out meeting information via these social media platforms to encourage new members. Visit our new **Facebook page** (see page 2 for more info) or connect with us on **X** (@CFUWajax).

December 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Online Cards	5	6 Walk & Talk Advocacy Mtg	7	8	9
10	11 Online Cards	12	13 Walk & Talk	14 Club Holiday Party	15	16
17	18 Online Cards	19	20 Walk & Talk	21	22	23
24/ 31	25	26	27 Walk & Talk	28	29 Newsletter Deadline	30