



*Message from the President. . .*

## Welcome back to another great year of CFUW!

Hi and welcome back,

I hope everyone has had an enjoyable summer. Our year will start again on the second Thursday of every month beginning on Thursday, September 12, 2024. Our business meeting starts at 7 pm but please arrive a few minutes earlier to collect your name badge from Donna. You can also arrive a little earlier still, to have some social time before we begin.

We have 2 new members taking on responsibilities on the executive. Kim G. will join us as our fundraising chair and Helen will take over duties from Dorothy. Dorothy has been in charge of our chapter's scholarship account since the very beginning of our chapter. We all owe Dorothy a great deal of thanks for her leadership over these past 35 years.

This year Louise Z. has agreed to continue as our social chair but it is a difficult job and she would like some help. Someone will need to volunteer every month on a rotating basis and arrive at 6:30 pm to help with set up. Please sign up.

I look forward to a wonderful year of friendship, fun, learning and helping. Having travelled to the National convention, I am full of new ideas. Hope to see you at our first meeting.

In friendship,

Louise S.



## Next General Meeting

Thursday,  
September 12<sup>th</sup>, 2024

“The Kelly Household’s Journey to Zero Carbon”



### Speaker:

Brian Kelly

### Meeting Location:

Pickering Rec Centre  
(Chestnut Hill Rec Complex), Rm 2  
1867 Valley Farm Rd,  
Pickering

### Meeting Time: 7:00 p.m.

*Business meeting begins at 7 pm., followed by member social time (time permitting). Speaker begins at 7:50*

***Come out and get caught up after the summer!***

***Invite a friend & introduce them to the fun and friendship of CFUW!***

***BYOMug***

*Welcome back to another great club year!!*

Meetings are the **2nd Thursday of each month.**

**Location:** Pickering Rec Centre (Chestnut Hill Recreation Complex), Rm 2, 1867 Valley Farm Rd, Pickering)

**Meeting Format**

We plan to start meetings at 7 pm sharp. Our business meeting will last for approximately half an hour, followed by member social time (time permitting). Our speaker will begin around 7:50.

**Your 2024/2025 Executive**

**President:** Louise S.

**Vice President:** **Vacant**

**Past President:** Jane

**Program:** **Vacant**

**Secretary:** Anneli

**Advocacy:** Caroline

**Treasurer:** Erica

**Membership:** Donna

**Newsletter/Website:** Sandy

**Fundraising:** Kim G.

**Scholarships:** Helen

**Publicity:** Janet

**Social:** Louise Z.



***We need help with two vacant positions!*** If you are interested in taking on the role of Vice-President, please contact Louise S. Although the program has already been set for this year, we also need someone to take on the Program position.

***Dates and Data***

**CFUW Websites:**

Main website: <http://www.cfuw.org>

Ontario Council Website: [www.cfuwontcouncil.org](http://www.cfuwontcouncil.org)

**CFUW on Facebook**

CFUW has a Facebook group! If you are a Facebook user you can join the group by searching for Canadian Federation of University Women, or visit <http://www.facebook.com/group.php?gid=2232370205>

**Ajax-Pickering CFUW on Facebook:**

Our club now has its own Facebook page. You do not have to have a Facebook account to view this page. Simply Google Ajax-Pickering CFUW Facebook page or click on the following link: <https://www.facebook.com/CFUWAjaxPickering?ref=stream>

**Ajax-Pickering on X (formerly Twitter): Use @CFUWajax**

The Ontario Council newsletter, ***Dates and Data***, is available on-line on the Ontario Council website. ***The Communicator*** newsletter is available on-line on the main website.

## Ontario Council Standing Committee Meetings

Ontario Council Standing Committees in Legislation, Education, and Status of Women and Human Rights were developed to keep members aware of current issues in Ontario. The Committees meet three times a year - in October, November, and February - for a day with speakers, workshops and discussion. All Club members are invited to attend these meetings.

### Standing Committee Meeting Dates for 2024/2025:

Dates for these meetings are not yet available. Updates will be published in upcoming newsletters.

*Save the dates! Topics to be announced.*

For more information click here:

<https://cfuwontcouncil.org/standing-committees/>

## 2024/2025 Membership Dues

**Full member: \$125.00**

**Student Member: \$62.50**

***Dues are payable as soon as possible. Please remember to send your payment to our treasurer, Erica B.***

***NOTE: Bring a cheque to the first meeting or dues can be paid via e-Transfer. An email with instructions will be sent out prior to the September meeting.***

### ***Do you know where your dues go? Here's a breakdown of how your money is used:***

Our dues go towards advocacy work at all levels. There is incredible power of women working together but this takes some money.

CFUW National	\$55.00	Advocates nationally for CFUW goals. Sends delegates to present at UN. Awards graduate and post-graduate scholarships, fellowships and bursaries.
Ontario Council	\$6.25	Promotes on-going education through speaker series and standing committees and provides general insurance for clubs.
Ajax-Pickering	\$48.75	Honorariums for monthly speakers and meeting expenses, fees to register for Ontario and National Annual General Meeting and Standing Committees, website and other print publicity.
	\$15.00	CFUW Ajax-Pickering Scholarship Fund

*"Without community service, we would not have a strong quality of life. It's important to the person who serves as well as the recipient. It's the way in which we ourselves grow and develop."*

*Dorothy Height*

## Minutes of General Meeting, Louise S.'s home, Thursday, June 13<sup>th</sup>, 2024

### Agenda

Welcome by Louise S.

Adoption of minutes as written in the newsletter. First Jane C, seconder Catherine G.

Update on Zana - Surgery went well on May 29th and already walking without aids. Sorry to miss tonight's party but cannot drive until 5-6 weeks post-op.

### Report of Officers

a) Program - All months have speakers for 24-25. Thank you to the Advocacy committee as well as Donna and Louise. We have several planned for the following year as well.

b) Fundraising - Saturday May 11th Arts and Tarts High Tea. The ticket sales made \$1,700.00 for the scholarship fund. The silent auction raised \$897. Thank you to all who donated and to all who purchased items as well.

### Officers for next year

1. President - I will be staying on for next year but I really need a Vice President. Do we have any volunteers or nominations?

2. Past-President - Jane will be staying on but is interested in the role of Treasurer going forward.

3. Secretary - Anneli has agreed to stay in her position for next year. Thank you, Anneli. Also, it's great to see you back after your recent surgery.

4. Treasurer - Erica has agreed to stay on for next year. Thank you, Erica. Erica has given us her budget for the year. Accepted by Louise Z. Seconded by Agnes.

5. Membership - Donna has agreed to stay on in her position. Thank you, Donna.

6. Scholarship - Thank you, Dorothy, for all your years of service. Helen has stepped forward to learn and take over this role. Congratulations, Helen and welcome to the executive.

7. Fundraising - Kim G has accepted this role. Thank you, Kim. We would like to do Vandermeers next year and High tea. The High tea will be Alice in Wonderland-themed and many of our craft group meetings will be centered around making decorations for the party. Looking into the possibility of a wine tasting - introduced by Dana.

8. Communication - Sandy willing to continue with the newsletter.

9. Publicity - Janet is willing to continue but if anyone else would like to learn the job and takeover, that would be great.

10. Advocacy - Caroline

11. Social - Louise Z would like more help. Catherine G will help but perhaps a sign-up sheet in September will work.

### Interest groups

a) Book Club - Year End party at Carmen's where we will be choosing books for next year. June 27th @ 7pm. Bring an appetizer or dessert. RSVP to Carmen. Update - all books are chosen. September is Lady Tan's Circle of Women by Lisa See.

b) Walk and talk - Jane Wednesdays - new time at 10am.

c) Cards - Cathy M. Mondays at 6:30.

d) Lunch group - next will be in September. Catherine G. to act as a convenor for now.

e) Travel group - proposed trip - Baltic Cruise from May 31st to June 13th, 2025. Open to spouses and friends. Initial deposit of \$270. If you are interested, please contact Kim G.

f) Craft club will start up again in September. Louise S. will continue as convenor.

g) Golf has begun and will continue all summer. Cathy M. is convenor.

### New Business

Carmen gave an update on the turtles. The T.O.A. will put up turtle crossing signs where they cross the road to make drivers aware of their presence.

Year-end party had a food truck. The evening was lovely until the clouds rolled in, and the dinner was cut a little shorter than everyone wanted. What a great year. Thank you to all.

## CFUW and Scholarships – *Did you Know...*



CFUW Ajax-Pickering awards a scholarship to a graduating young woman at each of the high schools in Ajax and Pickering. Supporting education for women and girls is a cornerstone program for CFUW and the money is awarded by CFUW Clubs and the CFUW Charitable Trust. The CFUW Charitable Trust provides funds for a range of post graduate awards and fellowships to women. CFUW's Fellowship and Award winners have produced work in a variety of academic areas, including international humanitarian efforts, feminist and gender analysis, advanced science, medicine, social justice and human rights for women and girls. The Trust is supported by donations from CFUW clubs, individual club members and non-members. Find more information about donating to the Charitable Trust or applying for a post graduate fellowship or award at <http://cfuw.org/> or talk to our new Scholarship Director, Helen.

### **HISTORY OF CFUW AJAX-PICKERING SCHOLARSHIP**

1988 – Our first scholarship of \$50.00 was awarded to one student. It was decided by the membership to go in alphabetical order, starting with Ajax High School.

1989 – Increased number of scholarships to four – one \$50.00 scholarship for each of the 4 high schools – Ajax High School, Denis O'Connor Catholic High School, Dunbarton High School and Pickering High School.

1990 – Amount increased to \$100.00 each.

– October 1990 – The Constitution became effective – Chairperson Karen Empringham and Vice Chairperson Susan Hale developed it. “The object of the Organization shall be to administer scholarship monies; these monies are to be used to advance the post-secondary education of selected Ajax-Pickering residents and/or students”. Qualified for tax-exempt status, as a Registered Charity and a charitable organization, requiring Income Tax to be submitted yearly; given a Registered Number which was converted in 1997 to a “Business Number” (BN).

1991 – St. Mary Catholic High School added.

– Added – “one-year free membership at our club upon completion of their university degree”.

1993 – Pine Ridge High School added

1994 – Amount increased to \$150.00 each

1997 – Amount increased to \$250.00 each

1998 – Special 10<sup>th</sup> Anniversary Scholarship of \$1000.00 awarded to one student. Criteria and selection completed by a committee of club members.

– Exeter High School added

2002 – Last year for Exeter High School, school closed

2003 – Awarded 2 scholarships/school due to the double cohort school year

2004 – Notre Dame Catholic Secondary School and J.Clark Richardson Collegiate added, total 8 high schools

2008 – Special 20<sup>th</sup> Anniversary Scholarship of \$2000.00 awarded

2010 – Amount increased to \$300.00 each

2013 – Amount decreased to \$200.00 each

2018 – Amount increased to \$300.00 in recognition of our Club's 30<sup>th</sup> Anniversary, one more school added – Ecole Ronald-Marion in Pickering

2019 – 9 scholarships, \$200.00 each

2022 – Amount increased to \$250.00 each

2024 – Amount increased to \$300.00 each

Funding over the years has come from various sources: Scientists in Schools (was our major funding for a number of years), book sales, Regal Catalogue sales, Cowboy Chuck picture sales, Mary Kay cosmetics sales, Discovery Toys, stained glass sales, raffle tickets for Miss Saigon, members' donations, garage and plant sales, euchre fundraising, Supperworks, Silpada Jewellery sales, Pampered Chef sales, Organic Coffee and Tea sales, Herongate Theatre, International Women's Day Luncheon, MAC makeup sales, High tea and art events and memorial donations “in memory” for 2 of our members (Karen Empringham and Diane Leahy) who both passed away spring 2015. We also receive money from Charities Aid Foundation Canada.

Karen was President of our Club for 2 different terms and was the member who was instrumental in starting the Scholarship Fund. Karen was very active in our club for a number of years, often presenting at least 1 scholarship yearly, and continued to be a member even when she moved to Prince Edward County in 2010, leaving the club in 2013.

Diane was also very active in all the fundraising events for the Scholarship fund. She took pride in presenting our scholarship at Notre Dame every year.



## 2024 Scholarship Recipients

**Notre Dame CSS:** Aliza Fatima, Physical & Mathematical Sciences, U of T

**St Mary CSS:** Brooke Meraw

**Pickering High School:** Rimi Dalal, Computer Science & Business, UWO

**Pine Ridge Secondary School:** Isabelle Ramnauth

**Ajax High School:** Anjali Patidar

**J. Clarke Richardson Collegiate:** Zianna Bastion Clarke

**Denis O'Connor CHS:** Madison Prieur

**Dunbarton High School:** Parita Talati

**Ecole Secondaire Ronald-Marion:** Kailey Record, Education

## Scholarship Thank You Notes Received



Dear Canadian Federation of University Women:

I am writing this email as permission for the CFUW to use my picture in their monthly newsletter. I am attending the University of Toronto this fall for physical and mathematical sciences. I have also attached my picture below. Thank you again for this amazing opportunity, it is greatly appreciated.

Sincerely,

Aliza Fatima



Good evening CFUW Ajax - Pickering committee,

It is a great honour and heartfelt appreciation to receive the CFUW Ajax - Pickering award for excellence. I look forward to a career in Educational leadership, with a goal to promote and encourage other women succeeding within the educational system.

Please see attached the photo options, of which any can be used for your newsletter or your website.

Thank you once again for this wonderful gift.

Sincerely,

Kailey Record

**Editor's Note:** The information above was provided by Dorothy, who has been the Secretary-Treasurer of our scholarship fund for 36 years (since the start of our club). She has been a wonderful liaison between our club and the schools in Ajax and Pickering, and she has put in hundreds of hours of work managing the scholarships, corresponding with the schools and presenting our awards. Thank you, Dorothy, for everything you have done for scholarships for our club! We know you will be an amazing mentor to Helen who will be taking over your role.

Welcome aboard Helen!



## Speakers for 2024/2025

Here's our program for this club year! All meetings are held on the 2<sup>nd</sup> Thursday of the month. Meetings will be in person unless otherwise advised.

- Thurs Sept 12<sup>th</sup>**      **The Kelly Household's Journey to Zero Carbon**  
Speaker: Brian Kelly
- Thurs Oct 10<sup>th</sup>**      **Community Policing - topic to be confirmed.**  
Speaker: Sgt Darryl Rice, Durham Regional Police Service
- Thurs Nov 14<sup>th</sup>**      **The Refuge Youth Residence – New Building and Affordable Housing**  
Speaker: Clarence Keesman, Executive Director
- Thurs Dec 12<sup>th</sup>**      **Holiday Party**
- Thurs Jan 9<sup>th</sup>**        **Author of Birder Murder Mystery Books**  
Speaker: Steve Burrows
- Thurs Feb 13<sup>th</sup>**     **Real Estate and Mortgages**  
Speaker: Dana and Kim
- Thurs Mar 13<sup>th</sup>**    **We Grow Food – Building Edible Food Garden Communities**  
Speaker: TBA
- Thurs April 10<sup>th</sup>**   **Resolutions**
- Thurs May 8<sup>th</sup>**     Field trip to Vandermeer's Nursery for seminar or activity
- Thurs June 19<sup>th</sup>**    **June Dinner** (\*Note change of date for this month)

## News from Other Clubs

### Oshawa Club

The Oshawa Club normally invites non-members to join them for their speaker, however there is no speaker this month for their club. You can access their newsletters at the link below:

#### Did you know. . . ?

The Oshawa Club puts out an interesting and informative newsletter every month. To access their newsletters, click here:

<http://www.cfuwoshawaanddistrict.com/newsletters.html>

*"Anyone who keeps learning stays young."*  
  
**Henry Ford**

### Toronto Club Event



**Vintage Hats and Afternoon Tea**

**UNIVERSITY WOMEN'S CLUB**

*In celebration of Winnipeg 150 UWC is hosting a Fundraiser Tea*

Saturday October 5th, and Sunday October 6th  
**Doors open 1:00**  
**Tea service starting 1:30**

*Timeless Elegance, One Sip at a Time*

Reserve a spot for yourself or a group!  
\$75 per person  
Ralph Connor House  
54 West Gate

Enjoy an authentic afternoon tea and *vintage hat collection\** on display from the **Canadian Costume Museum**

Mark your calendar ~ Call your friends together. Get your "Bridgerton" on and start your search for a fabulous hat for the occasion.

*Register today!*  
*Call 204-954-7880 or visit [www.uwcpqmb.com](http://www.uwcpqmb.com)*

\*Hat display is on the 2nd floor, accessible by staircase

**Interest Groups**

*Get involved—get connected!! Join an interest group!*

Interest groups are a great way to get to know other club members, especially if you are new to the club. Joining one or several of these groups gives you the opportunity to spend time with members with similar interests. Feel free to join as many as you like (or start up a new one!) You are only limited by the amount of free time you have available!

If you are a new member and are not sure how our interest groups work, please ask any club member for more information.

Here’s a list of our more active groups: **Book Lovers, Walk & Talk, Issues and Advocacy, Golf, Online Cards and Ladies Lunch.**

**Book Club**

Book Club is open to all, and all are welcome! We meet on the 4<sup>th</sup> Thursday of every month.

The September Book Club meeting will be held on **Thursday, September 26<sup>th</sup>**, hosted by Kim G. The book is **Lady Tan’s Circle of Women**, by Lisa See. Please contact Kim to confirm attendance and meeting location.



**Book Club List for 2024/2025**

Date (4 <sup>th</sup> Thurs, 7pm)	Host	Book Title, Author
September 26, 2024	Kim G.	<b>Lady Tan’s Circle of Women</b> , Lisa See
October 24, 2024	Dale	<b>A Siege of Bitterns</b> , Steve Burrow
November 28, 2024	Andrea	<b>Hostage</b> , Clare Mackintosh
<b>December 2024</b>	<b>Merry Christmas!!!</b>	-----
January 23, 2025	Helen	<b>Tom Lake</b> , Ann Patchett
February 27, 2025	Louise S.	<b>The Women</b> , Kristen Hannah
March 27, 2025	Louise Z.	<b>The Phoenix Crown</b> , Kate Quinn & Janie Chang
April 24, 2025	Erica	<b>The Marriage of Rose Camilleri</b> , Robert Hough
May 22, 2025	Jane	<b>Hello Beautiful</b> , Ann Napolitano
June 26, 2025	Year End Party/Book Selections: Cathy H	-----

Additional Reading: *Diagnosis Female*, Emily Dwass  
 Back up Host: Lana



## CFUW Ajax-Pickering Walk and Talk

Our goal is to enjoy some fitness at local walking trails while connecting with other club members. Walk and Talk will continue throughout the year. We meet **every Wednesday**. The time may be adjusted depending on weather. Details will be confirmed via email the week of the walk. Contact Jane if you wish to be added to the email contact list for this group to receive regular updates on activities.



## Online Cards

We have a small active group of avid card players and anyone is welcome to join us. Games are played **online every Monday night at 6:30**. Contact Cathy M. for more information.



## Golf

Feel like getting out for a round of golf? Join us on **Tuesday or Friday mornings** for 9 holes of play at a local golf course. All skill levels are welcome. Contact Cathy M. for more information.



## Advocacy Group

We meet on **Wednesday, September 11<sup>th</sup>** at 7 pm **over Zoom**. After that, we will meet on the **first Wednesday of each month**. New members are welcome! We will discuss climate change action and issues this year.

Marcy and Caroline.

## Craft Club

This group will be meeting the **first Tuesday of every month**. Watch for updates via email on upcoming activities for this group. Contact for the group is Louise S.



## Ladies Lunch Group

Come join the Ladies Lunch Group as we discover new restaurants in the area and old favourites. We meet the 3<sup>rd</sup> Thursday of each month. This month our outing will be on **Thursday, September 19<sup>th</sup>** at **12 pm** at **Slabtown Cider Co.** in Uxbridge. The address is 4559 Concession 6, Uxbridge. Please RVSP to Catherine if you plan to attend.



*"Find a group of people who challenge and inspire you, spend a lot of time with them, and it will change your life." - Amy Poehler, comedian, actor*

## What's New in Advocacy

CFUW has a long history of advocacy since its beginnings in 1919. Advocacy is at the national, provincial and local levels. We contribute to or support local issues as well as participating in national issues on specific topics. Each year clubs across the country are invited to submit resolutions on issues that they feel strongly about, and resolutions chosen by the National Board of Directors will be presented to all clubs for discussion and voted upon by members. The resolutions are then presented at the annual AGM. Many of these resolutions are researched by our advocacy group members to present to other club members for discussion.

Our local group is involved in advocating for environmental issues, participating in local events such as the Terry Fox run, supporting local food banks and contributing to holiday hampers for those in need. We have written letters and signed petitions for Amnesty International concerning human rights violations faced by women in many parts of the world. We have also written letters to provincial and federal officials regarding specific issues.

We would welcome new members to our advocacy group and are looking forward to a year of action both in and beyond our local community. New ideas for advocacy are always welcome. Watch for updates via email.

## Community Walk to End Intimate Partner Violence

Our club has registered a team to support Herizon House and other agencies working to end intimate partner violence in Durham Region. Join us for the walk on **Sept 21 at 10 am** or donate to our team.

Here's a link to our fundraising page:  
<https://www.canadahelps.org/s/6Bqkc2>

Click on "Join this Team" or "Donate to this Team" and scroll for Ajax-Pickering CFUW Advocacy. For more information on this initiative, click on the main link at <https://www.canadahelps.org/en/charities/END-IPV/p2p/community-walk-to-end-ipv/> and scroll to the "About Campaign" section.

Save The Date  
**Saturday, 21st September**  
**10:00 AM**  
**Community Walk to end Intimate Partner Violence**  
 Durham Region Headquarters  
 605 Rosland Rd E, Whitby



## This Month's Speaker



**Brian Kelly** has been a lifelong environmentalist. He was one of the founders of Pollution Probe in 1969 and has worked for the Federal Government, Marbek Resource Consultants, Ontario Hydro, York University and most recently for the Region of Durham. He remains active as an advocate for climate progress.

Brian will be speaking to us about the Kelly Household's Journey to Zero Carbon. Come out to the first meeting of the club year and learn about climate change and how you can make a difference in your own household.

**Feeling inspired after our September speaker? Consider participating in one of the climate action events listed in the article below:**

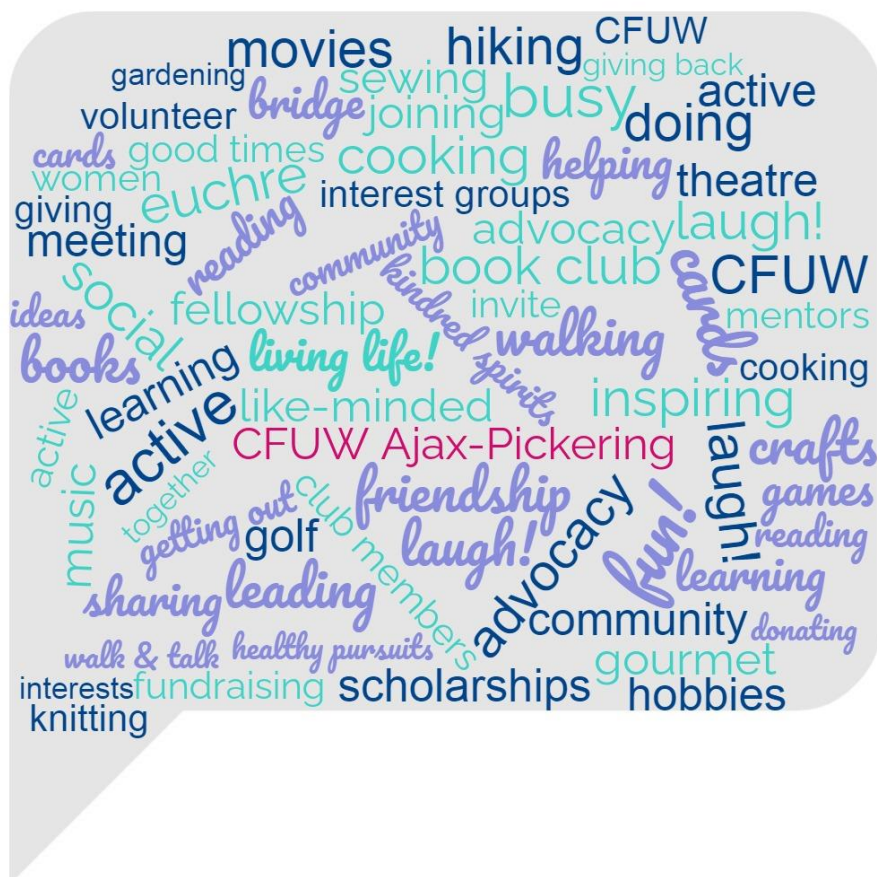
## Seniors Day of Climate Action

October 1 is National Seniors Day in Canada and International Day of Older Persons. To mark this day, the Seniors for Climate project is organizing a **Seniors Day of Climate Action on October 1**. So far, there are over 50 events planned across the country—check out their [Map of Events](#) to see events near you!

Seniors for Climate brings together six climate organizations that are led by seniors: [Suzuki Elders](#), [Climate Action for Lifelong Learners \(CALL\)](#), [Grandmothers Act to Save the Planet \(GASP\)](#), [Climate Legacy](#), [For Our Grandchildren \(4RG\)](#), and [Seniors for Climate Action Now! \(SCAN!\)](#). Follow Seniors for Climate on [Facebook](#) to learn more about their work and how to participate.

If you or your CFUW Club would like to get involved in the Seniors Day of Climate Action, they are hosting a national **Zoom call on September 11**, with speakers Dr. Courtney Howard, David Suzuki, and Amber Bennett. You can register here: [Register here](#)

Source: CFUW Club Action Newsletter, Aug 23, 2024



**Join!**  
**Invite!**  
**Engage!**

**Welcome back!**

**What will YOU do this club year?**



### Newsletter Deadline

Information for the October newsletter should be submitted by **Friday, September 27<sup>th</sup>, 2024.** Submissions can be mailed, dropped off, or sent via e-mail (sbriell@bell.net). Contact Sandy at 905 428-0003 for further information.

### Note from the Editor

*The Grapevine* is available in both electronic (Adobe PDF) and hardcopy formats, with electronic being the preferred, more cost-efficient format. **If you have recently changed your e-mail address or other contact information**, please let me know so I can update the club membership list and get the newsletter to the right place!

## CLUB WEBSITE

<http://www.ajaxcfuw.ca/>

Suggestions for new content or design ideas for our website are always welcome! Please contact Sandy for more information.

Newsletters will be posted on the website so you will be able to access them online if needed.

### Facebook/X (formerly Twitter)

We now send out meeting information via these social media platforms to encourage new members. Visit our new **Facebook page** (see page 2 for more info) or connect with us on **X** (@CFUWajax).

## September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Cards	3 Golf	4	5	6 Golf	7
8	9 Cards	10 Golf	11 Walk & Talk/ Advocacy Meeting	12 Club Meeting	13 Golf	14
15	16 Cards	17 Golf	18 Walk & Talk	19 Ladies Lunch Group	20 Golf	21 Walk to End Intimate Partner Violence
22	23 Cards	24 Golf	25 Walk & Talk	26 Book Club	27 Golf Newsletter Deadline	28
29	30 Cards					