# The Grapevine

## **CFUW Ajax- Pickering**

**Monthly Newsletter** 

April 2025



#### Message from the President. . .

Hello fellow members, Welcome to spring!

It's been a little rainy but just think of all those spring flowers! I can't wait. I love the tulips, daffodils, narcissus, hyacinths and all those other spring flowers. It's been a bit of a long winter, so spring is very welcome.

Spring is also a time for renewal, and we will be having some changes to your executive. No one has come forward as yet to take over as President so I am still looking for someone to join the executive as vice-president with hopes that you can take over my role in 2026-27. This role has a 2-year mandate, but I will be staying on for a third year. We have other positions to fill as well. We need a program co-ordinator who will be in charge of booking speakers. We also need an advocacy leader. Please consider joining the team. I promise that it is not an overwhelming job, but we need you.

Ticket sales are underway, and we have a couple of superstars. Thank you, Carmen, Donna, Dorothy and Gail who have bought multiple tickets. We still need more of you purchasing to make our Paint the Roses Red High Tea a success. All proceeds go to our scholarship fund!

In friendship, Louise S



## Next General Meeting

Thursday, April 10<sup>th</sup>, 2025

"We Grow Food"



#### Speaker:

Representative from We Grow Food

#### **Meeting Location:**

Pickering Rec Centre (Chestnut Hill Recreation Complex), Rm 2 1867 Valley Farm Rd, Pickering

#### Meeting Time: 7:00 p.m.

Business meeting begins at 7 pm., followed by member social time (time permitting).

Speaker begins at 7:50.

Invite a friend & introduce them to the fun and friendship of CFUW!

Go Green! BYOMug!

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#### **Dates and Data**

#### **CFUW Websites:**

Main website: http://www.cfuw.org

Ontario Council Website: www.cfuwontcouncil.org

CFUW Event Calendar: CFUW National Event Calendar

#### **CFUW on Facebook**

CFUW has a Facebook group! If you are a Facebook user you can join the group by searching for Canadian Federation of University Women, or visit <a href="http://www.facebook.com/group.php?gid=2232370205">http://www.facebook.com/group.php?gid=2232370205</a>

#### Ajax-Pickering CFUW on Facebook:

Our club now has its own Facebook page. You do not have to have a Facebook account to view this page. Simply Google Ajax-Pickering CFUW Facebook page or click on the following link: <a href="https://www.facebook.com/CFUWAjaxPickering?ref=stream">https://www.facebook.com/CFUWAjaxPickering?ref=stream</a>

#### Ajax-Pickering on X (formerly Twitter): Use @CFUWajax

The Ontario Council newsletter, *Dates and Data*, is available on-line on the Ontario Council website.

**The Communicator** newsletter is available on-line on the main website.

#### **Ontario Council Standing Committee Meetings**

Ontario Council Standing Committees in Legislation, Education, and Status of Women and Human Rights were developed to keep members aware of current issues in Ontario. The Committees meet three times a year - in October, November, and February - for a day with speakers, workshops and discussion. All Club members are invited to attend these meetings.

#### **Next Standing Committee Meeting Date:**

Standing committee meetings are finished for this club year. You can check for updates on upcoming events for the next club year at the following link:

Speakers Series Events for 2024-2025 | CFUW Ontario Council

"Spring is when you feel like whistling, even with a shoe full of slush."



#### Minutes of General Meeting, Thursday, March 13th, 2025

Welcome & Land Acknowledgement by Louise S.

No meeting held in February due to bad weather. Donna approved January meeting notes and Claudette seconded.

Louise thanked those who participated in the 'coldest night of the year' fundraiser.

Our May meeting was suggested to be held Vandermeer's Nursery but they had declined as this was their busiest time of the year. Louise did check with Sheridan Nursery on Taunton, Whitby. \$65 per person, will include container, plants and instructor.

The following month would be our final meeting of the year which we usually celebrate by potluck or eating out. Since the Travel Group doesn't arrive back in time for the scheduled meeting date, another day will have to be selected, most likely at a restaurant.

Louise introduced Erin as a new member, friend of Joanne, and she has already participated in the new Gardening group with Gayle L. who meet on Sundays near Brougham.

#### **Report of Officers**

Treasurer - Erica absent from meeting.

**Scholarship** - Helen reported that the current scholarship bank balance is \$7,030. She's advised all the local high schools that she is the contact taking over from retired contact Dorothy. There is sufficient money in the account to cover 9 scholarships of \$300 each this year. Some schools are already asking if a club member will be on hand to present the scholarship cheques so if anyone is interested in participating at any of the local schools, please let Helen know. Otherwise, the school will present the cheques to their students.

Advocacy - Helen reported that in January, the group spoke to the Partnership Manager, Carey Yeoman, from Durham College's 'Barrett Centre of Innovation in Sustainable Urban Agriculture'. Barrett Centre was founded by the Barrett Family Foundation in September 2021 with a \$5million gift to become a leader in food, farming and horticulture sciences for agricultural practices, research, education and training. Most valuable in current challenges of food insecurity, access to safe and stable supplies of fresh food, economic stability and regeneration of land for local food production. Their current project is Ajax Urban Farm, on Region of Durham land leased by the college, on Harwood Avenue, north of Rossland, opened to public October 2023. The project is following the pre-established model founded at the Whitby Campus. They include such activities as indoor/outdoor gardening of fruits and vegetables, and hoop gardens. One third of the food can be purchased by the community at market rates, at a weekly Farm Gate sale. 1/3 of the food is sold at cost to Community Care Durham and the final 1/3 is donated to Second Harvest for distribution to local food banks and other nonprofit groups. Last year they had mobile farm markets at Ajax Community Centre and Whitby's 55+ Senior's Centre. Volunteers are welcome. Many recent immigrant volunteers have bonded while experimenting with planting vegetables from their homelands in these differing conditions in Durham. They had open houses to promote their farms and food, with activities and tours, as well as a monthly newsletter being available. Louise thanked the Advocacy group for tackling the resolutions. Gayle mentioned that members watched the documentary about women's lives all over the world which was very moving.

**Fundraising** - Louise thanked Dana and Kim Gervais for organizing the wine tasting fundraiser. Louise had the tickets for the Tea fundraisers, 40 tickets need to be sold for the Saturday event and 25 tickets for the Sunday event.

**Communications** - Janet had no further news for now.

**Social** - Louise thanked Cathy & Donna for pitching in while Louise Z sees her new baby grandson this evening.

**Membership** - Donna confirmed that there are 35 paid members in the club, including Erin.

#### **Interest Groups**

**Book club** - Carmen absent. The monthly meeting will be at Louise Z's, March 27th, The Phoenix Crown by Kate Quinn & Janie Chang.

**Walking group** - Jane advises that on Wednesdays, they will be walking and it's not necessary for you to advise her unless you may need to confirm that you'll be a bit late arriving at the designated starting point as instructed in her weekly email.

(minutes cont'd from page 3)

**Card group** - Cathy says the group uses the Trickster app along with Zoom for social discussion. Let her know and she'll provide specifics.

**Lunch group** - regular third Thursday meeting to be at the Symposium in Ajax. Advise Catherine whether you will attend so reservations can be made.

**Travel Group** - May 21<sup>st</sup>, 2025, cruisers will meet in April to determine excursions.

**Craft Club** - first Tuesday of the month will be at Louise's house and working on preparations for the spring tea event.

Gayle was at the celebration of the Pickering Airport Lands no longer being designated for the airport. Committee members from that celebration will be speaking at the May meeting of Pickering Historical Society. Gayle invites anyone who would like to hear about this topic to join them. No speaker for this meeting.

Discussion on multiple club resolutions:

#### **CFUW National Proposed Resolutions**

## Resolution 1: Addressing Period Poverty and Menstrual Inequity in Canada, brought forward by CFUW Milton & CFUW Perth to the National club

**Resolved** that the CFUW urge all factions of government to improve access to menstrual products by mandating provision of menstrual products in publicly funded buildings' washrooms and updating legislation including but not limited to, occupational health and safety. Building and labour codes to require all washrooms commercial, industrial, office buildings and transportation hubs to provide menstrual supplies, water, sanitation and hygiene facilities.

**Resolved** that CFUW urge the federal government to reduce the cost of menstrual products by removing import duties/tariffs on imported menstrual products and establishing a tax credit for all Canadians who menstruate.

**Resolved** that the CFUW urge all factions of government to ensure that all publicly funded educational institutions provide comprehensive knowledge of the menstrual process and options available to menstrual hygiene, sensitive to culturally and gender-diverse menstruators. Encourage open conversation within and outside of classrooms about menstruation to address the stigma and shame felt by menstruating youth, specifically in Indigenous and remote communities.

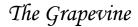
Implementation: suggested actions: 1) join coalitions advocating to remove import duties/tariffs on period products and establish tax credit for menstruate. 2) National Council, Provincial councils, clubs and individuals could: - urge all branches of government to improve access to free menstrual products. - work with community to educate ourselves and public about stigmas, and collaborate with Ministers of Education to enhance menstruation curricula. – invite speakers to present on the need for menstrual equity in Canada. - use social media to normalize menstruation. - partner with organizations to raise awareness. - research for more info. - invest, join or support groups such as Plan Int'l Canada and The Period Purse.

**Discussion:** we don't think that the implementation of tax credits would be viable as the most vulnerable, such as homeless people, wouldn't necessarily be filing income tax forms to get the credit. Otherwise, the resolution could stand.

Resolution proposed and seconded. Group voted in **Favour**.

## Resolution 2: Expanding Access to Sexual and Reproductive Health Services, brought forward by CFUW National Advocacy Standing Committee

**Resolved** that CFUW commits to supporting universal access to sexual and reproductive health services including abortion



(minutes cont'd from page 4)

**Resolved** that CFUW urge federal, provincial and territorial governments to expend access to abortion and other sexual and reproductive health services by, but not limited to: - ensuring surgical and medical abortions are covered under the public healthcare plans: - increase funding for service delivery particularly in rural and remote communities: - provide targeted funding for Indigenous-centred, culturally appropriate services: - developing a centralized referral system to locate service provides: - requiring comprehensive training on sexual and reproductive health, trauma-informed care, cultural competency and informed consent in medical and nursing schools: - delivery of sustainable funding to non-profit organizations that improve access to underserviced communities.

Implementation: Although services may already be on provincial books, the remote and indigenous communities do not have access to get to hospitals or clinics. Suggested actions: 1) write to MPs in support of federal governments Sexual and Reproductive Health Fund and encourage its permanent continuation: - explore Action Canada and LEAF's Abortion Access Tracker to access abortions in their province: - meet with or write to MPPs to urge expanded access to Sexual & Reproductive Health services highlighting access issues that exist in the province: - fundraise for organizations that advance sexual and reproductive rights in Canada and abroad: - attend protest or demonstrations in support of equitable access to abortion and sexual and reproductive rights: - monitor and speak out against any attempts to restrict access to abortion in Canada or abroad.

**Discussion:** abortion. Mostly supportive comments unless someone is strictly Catholic whereby they do not believe in.

Resolution proposed and seconded. Group voted in **Favour**.

## Resolution 3: Safeguarding 2SLGBTQ+ Rights, brought forward by the National Advocacy Standing Committee

**Resolved** that CFUW commit to advancing the human rights, equality and inclusions of 2SLGBT+ people **Resolved** that CFUW urge all levels of government to uphold right of 2SLGBTQ+your and adults ensuring access to healthcare, education employment and housing, free from discrimination and violence. **Resolved** that CFUW urge all levels of government to fund programs and services support their wellbeing including, but not limited to gender-affirming, mental health care, community support services and public campaigns to foster understanding of sexual and gender diversity.

**Resolved** that CFUW urge provincial and territorial governments to implement comprehensive and mandatory sexual education curriculum regarding diversity of sexual orientations and gender identities, as per 2019 Canadian Guidelines for Sexual Health Education.

**Discussion:** Currently parents can opt out for their children, but the wellbeing of the individual should be protected and educating general public. Required to discuss and address such topics as they arise.

Resolution proposed and seconded. Group voted in **Favour**.

## Resolution 4: The Violence Link: Advocating for Awareness and Animal Safekeeping for Individuals Fleeing Domestic Violence, brought forward by CFUW Prince George

**Resolved** that CFUW urge all branches of government to recognize repercussions of the Violence Link and include safety supports for animals or individuals fleeing domestic violence by: including language in appropriate policy and action plans relating to supporting victims and survivors of intimate partner and family violence that reflects the Violence Link and importance of animals in their lives: - review or initiate programs dedicated to providing care for animals of survivors of intimate partner and family violence.: - provide options for continued safety of animals after individuals flee domestic violence including social infrastructures. **Resolved** that CFUW order all branches of government to raise awareness of the Violence Link and protection of animals by creating informational resources and educational materials.

(minutes cont'd from page 5)

**Discussion:** well known fact that animals will be violated within family violent situation. Is a component of reasoning

Resolution proposed and seconded. Group voted in **Favour**.

## Resolution 5: Equitable Phase-Out of Fossil Fuels, brought forward by the National Advocacy Standing Committee

**Resolved** to CFUW urge all government branches and corporate sector to phase out the use of fossil Fuels in an orderly and equitable manner to hold legally binding commitments to International Paris Agreement on Clime Change adopted in 2015.

**Resolved** that CFUW order governments branches to encore the switch from fossil fuels to carbon-free alternatives immediately to reduce greenhouse gas emissions and environment pollution.

**Resolved** the CFUW urge federal, provincial and territorial government to educate Canadians about environment and health risks from continued extraction and use of fossil fuels.

**Resolved** that CFUW user public and private sectors to support Just-Transition plans, including retraining programs and adequate compensation for industry workers

**Discussion:** All issues are apparently in the works within the various government levels and private sectors.

Resolution proposed and seconded. Group voted in **Favour**.

## Resolution 6: Archiving Select CFUW Adopted Resolutions, brought forward by the National Advocacy Committee

**Resolved** that CFUW support the transfer of adopted resolution from the current resolution book to the archived policies book. 13 items listed that are no longer in use or have been superseded by more distinct or current policies.

Discussion: Best to clean these out of the current resolutions

Resolution proposed and seconded. Group voted in **Favour.** 

### Resolution 7: Housing as a Human Right and Social Good, brought forward by the National Advocacy Committee

**Resolved** that CFUW urge all levels of government to protect and respect the human right to housing, using available resources and giving priority to the in greatest need.

**Resolved** that CFUW urge all levels of government allocate housing funds to new and connected housing units that meet the accessibility criteria outlined in the Accessible Dwellings Standard

**Resolved** that CFUW order federal government to adopt measure to address financialization of housing such as, but not limited to: - continuing restricted foreign ownership of residential properties: - regulate Real Estate Investment Trust to prioritize long-term housing stability over profit: - encourage public pension funds to invest ethically in housing as a social good.

**Resolved** that CFUW urge provincial and territorial governments to protect tenant's rights reserving the affordability of rental house by regulating rents and reno-victions

**Resolved** that CFUW urge the municipalities to adopt innovative initiates increasing affordability and availability of housing as, but not limited to reaching taxes of property improvement, supporting co-housing arrangements, switch to Land Value tax, rezoning, reducing or waiving permit fees for development or property tax exemptions and applying vacancy taxes

**Discussion:** Gail who presented this resolution to the group feels that there are too many topics within the Resolution. National Housing Strategy has been established and \$60 billion has been used since 2019 when established. This resolution is submitted to allow discussion on these topics. Possibly split the resolution into more workable parts as it is so cumbersome as written.

Resolution proposed and seconded. Group voted in **Favour**.

(minutes cont'd from page 6)

#### **CFUW Ontario Council Proposed Resolutions**

## Resolution: Establishing Ontario Seniors' Advocate for Aging in Place, brought forward by CFUW Owen Sound

**Resolved** that CFUW establish the Aging in Place Senior's Advocate to receive submissions from the public regarding challenges to maintaining quality of life as people of Ontario age in place

**Resolved** that CFUW monitor the impact of provincial policy and legislation on the experience of aging **Resolved** that CFUW collaborates with Ombudsman Ontario and Patient Ombudsman to identify trends in complaints about quality of life for Ontario's as they age

**Resolved** that CFUW collect relevant data and provide annual reports to the legislature about any challenges experienced by Ontario's as they age in place and make suitable recommendations.

Resolution proposed and seconded. Group voted in **Favour**.

#### Resolution: Funding Crisis in Post-Secondary Education, brought forward by CFUW Orillia

**Resolved** that CFUW Ontario Council urge the Provincial Government to address budgetary crisis in Post Secondary Education by implementing: - to increase per student funding to bring Ontario funding in line with other Provinces.: - establish a multi-year tuition framework with different increases for colleges and universities. : - allow for targeted tuition increases particularly in high demand programs in colleges and professional programs in universities. : - Provide emergency funding to colleges and universities most impacted by the significant reduction in international student study permits. : - enhance student assistance budget and convert loans to grants

Implementation: Suggested actions: 1) letter writing and meeting with MPPs to emphasize need for sustainable funding for post-secondary institutions in Ontario and noting the importance of colleges and universities in a competitive labour market. 2) monitor funding from the province and share with CFUW clubs for follow-up as needed. 3) respond to requests from colleges and universities in communities affected by financial challenges and provide letters of support as appropriate. 4) Prioritize scholarships for students entering colleges and universities recognizing increased need for funding.

**Discussion:** Some institutions were forced to attract international students that they could charge higher tuition fees to in order to fill the gap between what funding is available from the government that has frozen the available funds for many years. Once international students' tuition fees were received then those same institutions catered more to the international students and blocked out domestic students from having the opportunity to be accepted into their choice of college or university. But by the current block on international student visas, programs that were appealing to the international students have reduced the number of staff as their student population has dwindled. The gap in government funding of tuition and general funding for staff and services for the colleges and universities may now be too expensive for domestic students to pay at the frozen rate. Setting up emergency funding for the domestic students will only be delaying the inevitable result of the downfall of those institutions.

Resolution proposed and seconded. Group voted in **Favour**.

#### **New CFUW Tool to Check Out!**

Looking for something to do? Don't forget to check the new **CFUW Event Calendar!** There are lots of interesting CFUW events and activities listed by date, including upcoming CFUW study groups and meetings, webinars hosted by other clubs, Zoom meetings with interesting speakers, and club fundraising events. It's a hub for all things CFUW and it makes it easy to keep track of what's happening every month.

You can access the calendar at this link: CFUW National Event Calendar

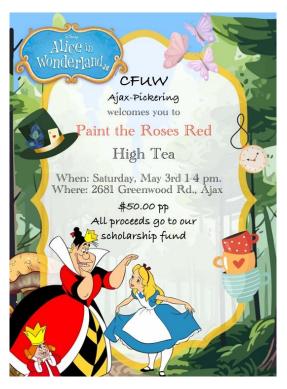
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#### What's New at CFUW Ajax-Pickering

#### Alice in Wonderland Fundraiser Tea – Get your Tickets!

Our Alice in Wonderland fundraiser tea is rapidly approaching! Save the date and plan to attend this amazing event! There are two dates for the tea: May 3<sup>rd</sup> (adult tea) and May 4<sup>th</sup> (adult and children's event for children aged 5-12). Our CFUW Craft group has done an amazing job creating all kinds of wonderful Alice-in-Wonderland-themed decorations and the tea menu will feature a fantastic assortment of delectable treats. Attendees will also be decorating a flowerpot to take home.

**Please buy your tickets as soon as possible** so the organizing committee can confirm numbers. Contact Louise S for more information on ticket sales or you can buy them at the April meeting.





#### **May Club Meeting**

Our May CFUW meeting will be an outing to Sheridan Nurseries to learn how to make a spring planter to bring home. The planter will include a pot, soil and choice of plants. The cost of this activity is \$65.00, as discussed at the March meeting.

We need to submit payment in full at least 2 weeks before the class, so **please sign up and pay at the April meeting (or shortly after)** so that numbers can be confirmed. If you're not attending the April meeting, you can **e-transfer payment to Jane**. Sheridan Nursery is at 410 Taunton Rd. West. The time of the event is 7 pm.



Let's get ready for spring!!

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#### **News from Other Clubs**

#### **Oshawa Club**

Oshawa CFUW invites us to their April general meeting on Wednesday, April 9<sup>th</sup>. All guests are welcome. No registration is required.

Jone Webster, Publicity



#### **April General Meeting**

#### Improving Home Care

By Lisa Kitchen, Director, Ontario Health Team





Lisa's OH team is advancing seamless, patient-centered care for communities within Durham Region. This is a collaborative group of organizations, care advisors, families and patients working together to improve access to and delivery of coordinated home and community care services.





#### You're invited! CFUW Oshawa 80th Anniversary Tea

CFUW Oshawa is celebrating 80 years as a club and they are inviting us to their celebratory tea to commemorate the occasion.

**Date:** Saturday, April 26<sup>th</sup>, 2025

Location: Adelaide House, 33 McGrigor St, Oshawa

**Time:** 2-4 pm **Tickets:** \$25 each

Contact Hedy Gadd for tickets hedygadd@hotmail.com

#### Did you know. . . ?

The Oshawa Club puts out an interesting and informative newsletter every month. To access their newsletters, click here: Newsletters

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#### What's New in Advocacy

#### The Federal Election is Coming!

On Monday, April 28th, 2025, Canadians will go to the polls for a federal election. It's very important that you inform yourself and vote, and that you encourage friends and family to do the same. There are a number of great resources available to learn more about the coming election. Here are a few links that may be of interest:



#### CFUW Main Election Resource link: Election 2025 - Canadian Federation of University Women

The above link has a number of resources, including a link to a **Federal Election toolkit** with the following useful information:

- Non-partisanship do's and dont's
- How to get informed
- Getting involved (candidate meetings)
- Combatting disinformation
- Key issue briefing material
- Questions for candidates

#### Every vote counts!

Be sure to do your part to make a difference and get out and vote!

#### **Non-Partisan Election Resource Links:**

Voter Information Service (Elections Canada): Find your riding, candidates, and polling place.

Ways to Vote (Elections Canada)

Government of Canada Factsheet on Resisting Disinformation During an Election

CBC's Vote Compass: Explore how your views compare to those of the political parties.

https://demandbettertoday.ca/

Elections Canada - Home Page for the 2025 Federal Election

#### This Month's Meeting

#### **We Grow Food Organization**

We Grow Food is an organization that focuses on creating inclusive communities where people can come together to grow food and share joy as they provide stable, local and healthy urban food systems. This has been in response to the rise of food deserts in urban settings, global trade interruptions due to politics, and COVID-19 which has made it more expensive to access fresh produce.



We Grow Food is responding to this need in our community with the help of almost 100 registered volunteers and many sponsors and partners. We Grow Food is dedicated to teaching families, communities and individuals how to grow their own food at minimal cost.

We Grow Food has partnered with the Durham District School Board and other local community groups to create the Edible Garden Project. They have gardens sprouting all over the Durham Region and more on the way. They believe in the importance of growing your own food and connecting community members to each other through sharing natural, fresh produce in an urban setting. Students throughout the Durham Region are coming together to learn about growing food, seed saving, food supply, and so much more.

Come to this month's meeting and learn more about their other projects such as The Durham Fruit Tree Project.

#### **Interest Groups**

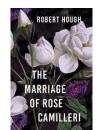
#### Get involved—get connected!! Join an interest group!

Interest groups are a great way to get to know other club members, especially if you are new to the club. Joining one or several of these groups gives you the opportunity to spend time with members with similar interests. Feel free to join as many as you like (or start up a new one!) You are only limited by the amount of free time you have available!

If you are a new member and are not sure how our interest groups work, please ask any club member for more information.

#### **Book Club**

Book Club is open to all, and all are welcome! We meet on the 4<sup>th</sup> Thursday of every month. The April Book Club meeting will be held on **Thursday**, **April 24<sup>th</sup>**, hosted by Erica. The book is **The Marriage of Rose Camilleri**, by Robert Hough. Please contact Erica to confirm attendance and meeting location.



#### **CFUW Ajax-Pickering Walk and Talk**

Our goal is to enjoy some fitness at local walking trails while connecting with other club members. Walk and Talk will continue throughout the year. We meet **every**Wednesday. The time may be adjusted depending on weather. Details will be confirmed via email the week of the walk. Contact Jane if you wish to be added to the email contact list for this group to receive regular updates on activities.



#### **Online Cards**

We have a small active group of avid card players and anyone is welcome to join us. Games are played **online every Monday night at 7 pm**. Contact Cathy M. for more information.



#### Golf

We're almost there! Hopefully we will be able to start up our golf group sometime in April, depending on weather. Watch for email updates in the spring when this group starts up again.



#### **Advocacy Group**

We meet on the **first Wednesday of each month**. New members are welcome! We will discuss climate change action and issues this year. For more information, contact Marcy or Caroline.

#### **Craft Club**

This group will be meeting the **first Tuesday of every month**. Please contact Louise S if you are interested in participating. The group is currently working on crafts for the Alice in Wonderland tea.



#### **Ladies Lunch Group**

We meet the **3<sup>rd</sup> Thursday of each month**. Next outing will be to **Makimono** (Japanese and Canadian food) at 1790 Liverpool Rd in Pickering on **Thursday, April 17<sup>th</sup>** at **12 pm**. Please RSVP to Catherine G. if you plan to attend.

#### **Newsletter Deadline**

Information for the May newsletter should be submitted by <u>Friday, April 25<sup>th</sup>, 2025.</u>
Submissions can be mailed, dropped off, or sent via e-mail (sbriell@bell.net). Contact Sandy at 905 428-0003 for further information.

#### Note from the Editor

The Grapevine is available in both electronic (Adobe PDF) and hardcopy formats, with electronic being the preferred, more cost-efficient format. If you have recently changed your e-mail address or other contact information, please let me know so I can update the club membership list and get the newsletter to the right place!

#### CLUB WEBSITE

#### http://www.ajaxcfuw.ca/

Suggestions for new content or design ideas for our website are always welcome! Please contact Sandy for more information.

Newsletters will be posted on the website so you will be able to access them online if needed.

#### Facebook/X (formerly Twitter)

We now send out meeting information via these social media platforms to encourage new members. Visit our new **Facebook page** (see page 2 for more info) or connect with us on **X** (@CFUWajax).

#### **April 2025**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Walk & Talk	3	4	5
6	7 Cards	8	9 Walk & Talk	10 Club Meeting	11	12
13	14 Cards	15	16 Walk & Talk	17 Ladies Lunch	18	19
20	21 Cards	22	23 Walk & Talk	24 Book Club	25 Newsletter Deadline	26
27	28 Cards	29	30 Walk & Talk			